

6

CREDIT HOURS

APPROVED BY  
MEDICAL COUNCIL



JPEF 2023

DIABETES  
GOES DIGITAL

11<sup>TH</sup> JOTHYDEV'S PROFESSIONAL EDUCATION FORUM  
ANNUAL GLOBAL  
DIABETES CONVENTION

7 | 8 & 9 | JULY 2023 UDAY SAMUDRA  
Kovalam, Trivandrum



AN EDUCATIONAL ACTIVITY ORGANIZED BY P. KESAVADEV TRUST  
Ph: +91 9495346200, +91 9496246200  
E-Mail: [jpef@jothydev.net](mailto:jpef@jothydev.net)



P. KESAVADEV TRUST



JPEF



*jothydev's*  
**DIABETES &**  
RESEARCH CENTRE



International  
Diabetes  
Federation  
Centre of Excellence  
in Diabetes Care  
2012-13



ESTABLISHED 1979

**IMA, NEMOM**  
**(AMS, CHAPTER)**

Join us from July 7th to 9th at Uday Samudra Leisure Beach Hotel in Kovalam for an unforgettable experience at the 11th JPEF Annual Global Diabetes Convention 2023! With the theme “Diabetes Goes Digital”, discover cutting-edge approaches and groundbreaking technologies in diabetes care. Don't miss out this exciting opportunity! Register now and get ready to learn, connect, and have a blast!

Looking forward to seeing you with us!

Kind Regards  
Jothydev Kesavadev  
Arun Shankar  
Gopika Krishnan  
For JPEF Organising Team



REGISTRATION IS  
**NOW OPEN**

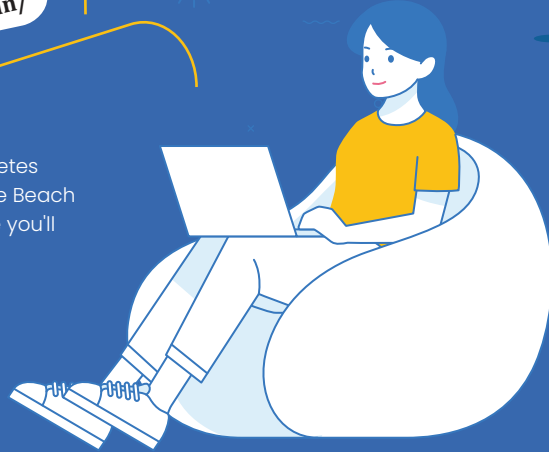
<https://registration.jpgef.in/>

JPEF  
2023

DIABETES  
GOES DIGITAL

Don't miss the 11<sup>th</sup> JPEF Annual Global Diabetes Convention 2023 at Uday Samudra Leisure Beach Hotel in Kovalam from July 7<sup>th</sup> to 9<sup>th</sup>, where you'll explore the theme "Diabetes Goes Digital".

11<sup>TH</sup>  
JOTHYDEV'S PROFESSIONAL EDUCATION FORUM  
ANNUAL GLOBAL  
DIABETES CONVENTION



BOOK YOUR

**STAY  
NOW**



UDAY  
SAMUDRA  
KOVALAM



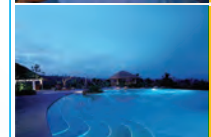
THE LEELA  
KOVALAM



SAGARA  
KOVALAM



TURTLE ON  
THE BEACH  
KOVALAM



TAJ  
KOVALAM



ROCKHOLM  
KOVALAM



KINGSWAY  
KOVALAM

# REGISTRATION FORM

Title  Name  Age

Gender  Address

Country  State  City

DELEGATE TYPE  Physicians  Paramedics  Medical Students  
 Academicians  Researchers  Paramedical Students

Contact Number  E-Mail  Access Code/  
Promo Code

MCI Number  Attending Days  Day 1  Day 2  Day 3  All 3 days  
Payment Reference ID

## REGISTRATION FEES

DELEGATE	Up to June *	Spot Registration *	Day 1	Day 2	Day 3
PHYSICIANS	Rs.6000/-	Rs.7000/-	Rs.2000/-	Rs.2000/-	Rs.2000/-
PARAMEDICS	Rs.4500/-	Rs.5500/-	Rs.1500/-	Rs.1500/-	Rs.1500/-
ACADEMICIANS	Rs.3300/-	Rs.4300/-	Rs.1100/-	Rs.1100/-	Rs.1100/-
RESEARCHERS	Rs.3300/-	Rs.4300/-	Rs.1100/-	Rs.1100/-	Rs.1100/-
MEDICAL STUDENTS	Rs.3000/-	Rs.4000/-	Rs.1000/-	Rs.1000/-	Rs.1000/-
PARAMEDICAL STUDENTS	Rs.2400/-	Rs.3400/-	Rs.800/-	Rs.800/-	Rs.800/-

\*All 3 Days

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Bank: State Bank Of India, Branch Address: Poojappura, Lekshmi Chambers, Trivandrum, Kerala 695012,  
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JPEF 2023

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UDAY SAMUDRA  
Kovalam, Trivandrum



Acknowledge and celebrate the excellence of outstanding scientists and researchers in the field of diabetes.



Dear friends,

We are pleased to announce the call for nomination for the prestigious P.Kesavadev JPEF Award for the Young Researcher in Diabetes, 2023. Winner will be awarded a cash prize of INR 100,000, a gold medal, a citation and a travel grant.



<https://jpef.in/jpef2023/awards/>

Award applications close at 11:59 p.m. IST on Sunday, 25 June 2023.

Submit your application to [jpefaward@jothydev.net](mailto:jpefaward@jothydev.net)



“Submit your breakthrough ideas and join the vanguard of scientific progress!”

## Calling all doctors & dietitians!

Submit your abstracts for the 11<sup>th</sup> JPEF Annual Global Diabetes Convention 2023 happening on 7, 8 & 9 July 2023.

Impress us and get featured in the International Journal of Diabetes and Technology. Visit- [www.ijdt.org/](http://www.ijdt.org/)

Submissions will be accepted until

JUNE	11:59 PM IST
<b>20</b>	<b>2023</b> <b>TUESDAY</b>

Hurry, Submit now at <https://www.abstract.jpef.in/>

# INAUGURATION

08-07-2023, 04:30 PM



**Inauguration:**  
**Shri. K N Balagopal**  
Finance Minister, Kerala



**Distribution of National Awards to Doctors(India):**  
**Shri. V Sivankutty**  
Education Minister, Kerala

## Felicitation



**Dr. EBERHARD STANDL**  
(Germany)



**Dr. THOMAS MATHEW**  
(Director of Medical Education, Kerala)



**Dr. BANSHI SABOO**  
(Ahmedabad)



**Dr. ASHOK KUMAR DAS**  
(Puducherry)



**Dr. MANOJAN K K**  
(Director, SGMC, Trivandrum)



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(Germany)



Dr.Partha Kar  
(UK)



Mr.Bastian Hauck  
(Germany)



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Haroon  
(Canada)



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Shan Kong  
(Hong Kong)



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(Sultanate of Oman)



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(USA)



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# PROGRAMME



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Kovalam, Trivandrum



1 INSULIN HALL

02:00 PM - 03:00 PM

**FROM THEORY TO PRACTICE:  
DIABETES EDUCATOR  
WORKSHOP FOR ENHANCED  
PATIENT OUTCOMES**

02:00 PM - 02:15 PM

**BEING A DETECTIVE WITH A DIABETES  
EDUCATOR**

Dr.Shuchy Chugh, Bengaluru

02:15 PM - 02:30 PM

**UNDERSTANDING INSULIN INDUCED  
LIPOHYPERTROPHY**

Dr.Priya Kotian, Mumbai

02:30 PM - 02:45 PM

**UNDERSTANDING CARB-COUNTING AND  
READING FOOD LABELS**

Ms.Sheryl Salis, Mumbai

02:45 PM - 03:00 PM

**DISCUSSION**

**Moderators**

Dr.Junaid Naina M, Trivandrum

Ms.Geethu Sanal, Trivandrum

03:00 PM - 04:00 PM

**UNLOCKING INTIMACY:  
DIABETES AND SEXUAL  
HEALTH**

03:00 PM - 03:15 PM

**LADIES FIRST! ADDRESSING FEMALE  
SEXUAL DYSFUNCTION IN DIABETES**

Dr.Raveendran A V, Oman

03:15 PM - 03:30 PM

**BREAKING THE SILENCE ON ERECTILE  
DYSFUNCTION, CLASSIFICATION AND  
APPROACHES FOR PATIENT DISCUSSIONS  
IN CLINICAL PRACTICE**

Dr.Rakesh Parikh, Jaipur

GLIFLOZIN HALL

04:00 PM - 05:00 PM

**JPEF 2023  
ORAL PRESENTATIONS**

**NON-INVASIVE LIVER STIFFNESS  
MEASUREMENT IN AN OUT-PATIENT  
DEPARTMENT USING FIBROSCAN  
TECHNOLOGY**

Dr.Ritu Johari, Mumbai

**SCREENING AND RECRUITMENT  
CHALLENGES OF DIABETES MHEALTH  
INTERVENTION PROGRAM IN URBAN AND  
RURAL POPULATION**

Dr.Ranjani Harish, Chennai

## 1 INSULIN HALL

**03:30 PM - 03:45 PM**  
**NOVEL THERAPIES FOR ERECTILE  
DYSFUNCTION IN DIABETES**  
Dr.Deepak K Juman, Mumbai

**03:45 PM - 04:00 PM**  
**DISCUSSION**

**Moderators**  
Dr.Vasudevan Potty, Trivandrum  
Dr.Yaseen Unes, Haripad

**04:00 PM - 04:20 PM**

**04:00 PM - 04:15 PM**  
**DUODENUM AND TYPE 2 DIABETES- RE-  
THINKING THE GAME PLAN**  
Dr.Nisha Nigil, Canada

**04:15 PM - 04:20 PM**  
**DISCUSSION**

**Chairperson**  
Dr.Balachandran K, Trivandrum

**04:20 PM - 05:00 PM**  
**DIABETES TECH JAM: GROOVING  
TO THE BEAT OF INNOVATION**

**04:20 PM - 04:35 PM**  
**GLUCOSE MONITORING- INDISPENSABLE  
OR SUPERFLUOUS?**  
Dr.Ritu Johari, Mumbai

**04:35 PM - 04:50 PM**  
**DIGITIZING DIABETES PREVENTION  
AND MANAGEMENT: INNOVATIONS FOR  
BETTER HEALTH**  
Dr.Ranjani Harish, Chennai

**04:50 PM - 05:00 PM**  
**DISCUSSION**

**Moderators**  
Dr.Rajendra Dhumma, Mumbai  
Dr.Yaseen Unes, Trivandrum

## 2 GLIFLOZIN HALL

**SCOPE OF ARTIFICIAL INTELLIGENCE  
INTEGRATED CLOUD BASED DIET  
CONSULTATION FOR DIABETES RISK SCORE  
SCREENING AND HEPATIC STEATOSIS**  
Dr.Manju P George, Kochi

**CLINICAL SIGNIFICANCE OF CIRCULATING  
SECRETED FRIZZLED-RELATED PROTEIN 5  
(SFRP5) AND WINGLESS-TYPE MMTV  
INTEGRATION SITE FAMILY MEMBER 5A  
(WNT5A) LEVELS IN PREDIABETIC  
PATIENTS IN A TERTIARY CARE CENTRE**  
Dr.Indrashish Mukherjee, Lucknow

**REAL-WORLD PERFORMANCE OF THE  
MINIMED 780G, ADVANCED HYBRID  
CLOSED-LOOP SYSTEM IN KERALA**  
Dr.Shahana Yasmin, Trivandrum

**USER PERCEPTION AND OUTCOMES WITH  
A PATCH INSULIN PUMP**  
Dr.Junaid Naina M, Trivandrum

**PREVELANCE OF SARCOPENIA IN  
DIABETIC PATIENTS**  
Dr.Swathy Sukumaran Nair, Kochi


**ASSESSMENT OF BODY COMPOSITION  
AND DIABETES RISK SCORE OF  
WOMEN IN KOCHI, KERALA**  
Dr.Fiza Nawaz, Kochi

**Judges**  
Dr.Raveendran A V, Oman  
Dr.Sumesh Raj, Trivandrum  
Dr.Sunil Prasobh P, Trivandrum  
Dr.Abdul Hamid Zargar, Srinagar




1 INSULIN HALL

05:00 PM - 05:40 PM

05:00 PM - 05:20 PM   
INSOMNIA AND DIABETES CARE IN  
OLDER ADULTS

Dr.Alice Pik Shan Kong, Hong Kong

05:20 PM - 05:35 PM   
YEAR IN REVIEW:  
NON-PHARMACOLOGICAL  
INTERVENTIONS IN OBESITY

Dr.Neeta Deshpande, Belgaum

05:35 PM - 05:40 PM  
DISCUSSION

**Moderators**  
Dr.Abdul Hamid Zargar, Srinagar  
Dr.Minal Mohit, Jaipur

05:40 PM - 06:00 PM

05:40 PM - 05:55 PM  
FLEXIBILITY OF BASAL INTENSIFICATION

Dr.P K Jabbar, Trivandrum

05:55 PM - 06:00 PM  
DISCUSSION

**Chairperson**  
Dr.Rajalekshmi S, Trivandrum

06:00 PM - 06:40 PM

06:00 PM - 06:15 PM  
PRECISE DIAGNOSIS OF EARLY HEART  
FAILURE AND PRINCIPLES OF THERAPY

Dr.Tiny Nair, Trivandrum

06:15 PM - 06:30 PM   
DIABETES BURNOUT DURING PANDEMIC

Dr.Anuj Maheshwari, Lucknow

06:30 PM - 06:40 PM  
DISCUSSION

**Chairpersons**  
Dr.Suresh Kumar P, Calicut  
Dr.Ramesan Pillai, Trivandrum

2 GLIFLOZIN HALL

05:00 PM - 06:00 PM  
CGM WORKSHOP:  
MASTERING CGM INNOVATIONS  
AND INSIGHTS FOR OPTIMAL  
GLUCOSE CONTROL

05:00 PM - 05:10 PM  
INTRODUCTION TO CONTINUOUS GLUCOSE  
MONITORING (CGM) TECHNOLOGY

Dr.Rakesh Parikh, Jaipur

05:10 PM - 05:20 PM  
TYPES OF CGM

Ms.Gopika Krishnan, Trivandrum

05:20 PM - 05:30 PM  
CGM AND TIR: A PARADIGM SHIFT IN  
DIABETES PRACTICE

Dr.Jothydev Kesavadev, Trivandrum

05:30 PM - 05:40 PM  
IMPLICATIONS OF GV AND THE USE  
OF CGM

Dr.Johny Kannampilly, Kochi

05:40 PM - 05:50 PM  
HOW TO MODULATE DIET WITH CGM?

Ms.Geethu Sanal, Trivandrum

05:50 PM - 06:00 PM  
CLINICAL CASE SCENARIOS

Dr.Jothydev Kesavadev, Trivandrum  
Dr.Arun Shankar, Trivandrum

**Moderators**  
Dr.Raveendran A V, Oman  
Dr.Ashwin David Ashok, Trivandrum

1 INSULIN HALL

06:40 PM - 07:00 PM

06:40 PM - 06:55 PM  
**ROLE OF IV IRON IN HF**

Dr.Anand Pillai, Trivandrum

06:55 PM - 07:00 PM  
**DISCUSSION**

**Chairperson**  
Dr.Mathew Thomas, Trivandrum

07:00 PM - 07:20 PM

07:00 PM - 07:15 PM  
**KERALA DIET - ARE WE MISSING THE  
ELEPHANT IN THE ROOM ?**

Dr.Libin Abraham, USA

07:15 PM - 07:20 PM  
**DISCUSSION**

**Chairperson**  
Dr.N M Arun, Palakkad

07:20 PM - 08:00 PM

**THE DIABETIC DILEMMA:  
DECODING THE MYSTERIES OF  
KIDNEYS, LIVER, AND EYES**

07:20 PM - 07:35 PM  
**NAFLD - A NEGLECTED COMORBIDITY IN  
DIABETES MELLITUS**

Dr.Abdul Hamid Zargar, Srinagar

07:35 PM - 07:50 PM  
**USING RETINAL FUNDUS CAMERA IN A  
PHYSICIAN'S PRACTICE**

Dr.Devin Prabhakar, Trivandrum

07:50 PM - 08:00 PM  
**DISCUSSION**

**Moderators**  
Dr.Mahadevan K, Trivandrum  
Dr.Thankam D, Trivandrum

2 GLIFLOZIN HALL

1 INSULIN HALL

08:30 AM - 09:00 AM  
QUIZ- SCREENING

09:00 AM - 10:00 AM  
TYPE 1 TRIUMPH: A JOURNEY OF RESILIENCE

09:00 AM - 09:12 AM  
#NothingAboutUsWithoutUs  
Mr.Bastian Hauck, Germany

09:12 AM - 09:24 AM  
ALL ACCESS: LIVED EXPERIENCE BRIDGING THE GAP  
Ms.Jazz Sethi, Ahmedabad

09:24 AM - 09:36 AM  
IMPATIENT NETWORK, A COLLABORATIVE BETWEEN JDRF AND THE T1D COMMUNITY IN INDIA  
Ms.Renzia Scibilia, Germany

09:36 AM - 09:48 AM  
NAVIGATING LIFE BEYOND THE BOUNDARIES  
Mr.Sahil Madan, Bengaluru

09:48 AM - 10:00 AM  
DISCUSSION

Moderator  
Dr.Partha Kar, UK

10:00 AM - 10:45 AM

10:00 AM - 10:15 AM  
LESSONS LEARNED: 20 YEARS OF CLINICAL EXPERIENCE WITH BASAL INSULIN  
Dr.Anjana Ranjit Mohan, Chennai

2 GLIFLOZIN HALL

09:00 AM - 09:40 AM  
THE TALK SHOW: SLAYING DIABETES DRAGONS- MENTAL HEALTH, PHYSICAL ACTIVITY AND DIET FOR BETTER GLUCOSE CONTROL

MENTAL HEALTH  
Dr.Arun B Nair, Trivandrum

PHYSICAL ACTIVITY  
Dr.Roy R Chandran, Calicut

DIET  
Ms.Geethu Sanal, Trivandrum

Moderators  
Dr.Prasanth Sankar, Pathanamthitta  
Ms.Sunitha Jothydev, Trivandrum

09:40 AM - 10:00 AM

09:40 AM - 09:55 AM  
HYPOGLYCEMIA IN THE ELDERLY  
Dr.Purvi Chawla, Mumbai

09:55 AM - 10:00 AM  
DISCUSSION

Moderator  
Dr.Amit Gupta, Noida

10:00 AM - 10:40 AM

THE GLUCOSE FRONTIERS: NEW GEN THERAPIES FOR CARDIO-RENAL HEALTH

10:00 AM - 10:15 AM  
NON-STEROIDAL MRAs (FINERENONE)- NEW CHAPTER FOR IMPROVED CARDIO-RENAL OUTCOME IN PATIENTS WITH CKD AND TYPE 2 DIABETES  
Dr.Banshi Saboo, Ahmedabad

3 GLIPTIN HALL

09:00 AM - 10:00 AM  
EXPLORING THE IMPACT OF EXERCISE ON DIABETES: COMPELLING CASE STUDIES

09:00 AM - 09:15 AM  
EXERCISE- AN OVERVIEW  
Dr.Ranjani Harish, Chennai

09:15 AM - 09:30 AM  
EXERCISE FOR THE DOCTOR COMMUNITY WITH/WITHOUT DIABETES  
Dr.Ashwin David Ashok, Trivandrum

09:30 AM - 09:45 AM  
PRACTICAL FITNESS NUTRITION  
Dr.Shiny Surendran, Chennai

09:45 AM - 10:00 AM  
DISCUSSION  
Moderators  
Dr.Jayaprakash Sai, Hyderabad  
Dr.Srinath K Bhat, Kanjangad

10:00 AM - 11:00 AM  
S3 SYMPOSIUM; SWEET START SPARK

10:00 AM - 10:15 AM  
PEDIATRIC AND ADOLESCENT DIABETES- AN OVERVIEW  
Dr.Dhruvi Hasnani, Ahmedabad

4 GLP HALL

10:00 AM - 10:15 AM

10:00 AM - 10:15 AM  
SAGA FROM NUREMBERG CODE TO ICH-GCP  
Ms.Gopika Beena Chandran, Trivandrum

# DAY 2 PROGRAMME

JULY  
08  
SATURDAY

JPEF  
2023

DIABETES  
GOES DIGITAL

## 1 INSULIN HALL

**10:15 AM - 10:35 AM**  
**VC MATHEW ROY MEMORIAL ORATION**  
**GAINING A WIDER OUTLOOK OF**  
**DIABETES MANAGEMENT WITH THE**  
**NEW GENERATION BASAL INSULIN**  
Dr.Krishna Seshadri, Chennai

ORATION

**10:35 AM - 10:45 AM**  
**DISCUSSION**

**Chairpersons**  
Dr.Radhakrishnan A P, Palakkad  
Dr.Kannan Natarajan, Chennai

**10:45 AM - 11:15 AM**

**10:45 AM - 11:05 AM**  
**REDEFINING INSULIN PUMP THERAPY:**  
**780G (AHCL)- THE INDIAN EXPERIENCE**  
**WITH AUTOMATION**  
Dr.Jothydev Kesavadev, Trivandrum

**11:05 AM - 11:15 AM**  
**DISCUSSION**

**Chairpersons**  
Dr.Syam Sundar O S, Trivandrum  
Dr.Benny P V, Trivandrum

**11:15 AM - 11:35 AM**

**11:15 AM - 11:30 AM**  
**GLUCOSE IN RANGE**  
Dr.Mangesh Tiwaskar, Mumbai

**11:30 AM - 11:35 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Madhu N, Paravur

## 2 GLIFLOZIN HALL

**10:15 AM - 10:30 AM**  
**ACARBOSE IN THE ERA OF NEWER OADs**  
Dr.M Shunmugavelu, Trichy

**10:30 AM - 10:40 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Asha Ashik, Trivandrum

**10:40 AM - 11:00 AM**

**10:40 AM - 10:55 AM**  
**HOW ARE MODERN DAY CONNECTED SMBG**  
**SYSTEMS CHANGING PATIENT CARE?**  
Dr.Amit Gupta, Noida

**10:55 AM - 11:00 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Mohan Varghese, Thiruvalla

**11:00 AM - 11:40 AM**  
**OBESITY SYMPOSIUM**

**11:00 AM - 11:15 AM**  
**REDEFINING OBESITY CARE- PARADIGM**  
**SHIFT WITH EVOLVING TREATMENT**  
**OPTIONS**  
Dr.Tejas Shah, Mumbai

**11:15 AM - 11:30 AM**  
**CLINICAL BENEFITS OF WEIGHT LOSS ON**  
**DIABETES & CARDIOVASCULAR RISK- AN**  
**INTERACTIVE CASE-BASED APPROACH**  
Dr.Mathew John, Trivandrum

**11:30 AM - 11:40 AM**  
**DISCUSSION**

**Moderator**  
Dr.Ashwin Karuppan, Chennai

## 3 GLIPTIN HALL

**10:15 AM - 10:30 AM**  
**DIAGNOSING CHILDHOOD DIABETES-**  
**A CLINICAL CONUNDRUM**  
Dr.Parvathy L, Kochi

**10:30 AM - 10:45 AM**  
**NEONATAL DIABETES**  
Dr.Riaz I, Trivandrum

**10:45 AM - 11:00 AM**  
**DISCUSSION**

**Moderators**  
Dr.Leena Priyambada, Hyderabad  
Dr.Minal Mohit, Jaipur

**11:00 AM - 11:40 AM**

**11:00 AM - 11:15 AM**  
**HOW SHOULD PHYSICIANS DIAGNOSE**  
**NAFLD?**  
Dr.Anita Nambiar S, Kochi

**11:15 AM - 11:30 AM**  
**REVERSAL OF TYPE 2 DIABETES:**  
**CURRENT CONCEPTS**  
Dr.Balakrishnan Valliyot, Kannur

**11:30 AM - 11:40 AM**  
**DISCUSSION**

**Chairpersons**  
Dr.Robin George, Calicut  
Dr.Sadakkathulla A, Kottayam

## 4 GLP HALL

**10:15 AM - 10:30 AM**

**10:15 AM - 10:30 AM**  
**REAL-WORLD USER AND CLINICIAN**  
**PERSPECTIVE AND EXPERIENCE WITH**  
**MINIMED™ 780G ADVANCED HYBRID**  
**CLOSED LOOP SYSTEM**  
Ms.Anjana Basanth, Trivandrum

**10:30 AM - 11:00 AM**

**10:30 AM - 11:00 AM**  
**ACUTE CORONARY SYNDROME IN**  
**PEOPLE WITH DIABETES: FROM THEORY**  
**TO PRACTICE**  
Dr.Mustafa Zaman, Bangladesh

**Chairperson**  
Dr.Junaid Naina M, Trivandrum

**11:00 AM - 12:00 PM**  
**JPEF 2023 ORAL PRESENTATIONS**

**TO STUDY HYPERTENSION AND**  
**DYSGLYCEMIA IN RETROVIRAL**  
**PATIENTS**  
Dr.Snehlata Verma, Meerut

**A RANDOMISED CONTROLLED TRIAL**  
**TO EVALUATE EFFICACY & SAFETY OF**  
**VILDAGLIPTINSR PLUS DAPAGLILOZIN**  
**IN TYPE2 DIABETES MELLITUS**  
Dr.Rahul Iyer, Mumbai

**A STUDY ON PAEDERIA FOETIDA LINN.**  
**AN INDIAN TRADITIONAL MEDICINAL**  
**PLANT AND ITS ROLE IN RELATION TO**  
**TYPE 2 DIABETES**  
Ms.Mouli Das Adhikary, Kolkata

**CLINICAL CHARACTERISTICS AND**  
**HOSPITAL OUTCOMES OF SYMPTOMATIC**  
**AND ASYMPTOMATIC HYPOGLYCEMIA IN**  
**DIABETIC PATIENTS**  
Dr.Sivaprakash Varadan, Chennai

**SURVEY TO UNDERSTAND CURRENT**  
**PRACTICE FOR EARLY DUAL**  
**COMBINATION THERAPY IN TYPE 2**  
**DIABETES MELLITUS**  
Dr.Rahul Iyer, Mumbai

1 INSULIN HALL

11:35 AM - 12:00 PM  
TWIN TALK

11:35 AM - 11:55 AM  
DIABETES GOES DIGITAL,  
JPEF 2023

Dr.Jothydev Kesavadev, Trivandrum  
Ms.Gopika Krishnan, Trivandrum

11:55 AM - 12:00 PM  
DISCUSSION

Chairpersons

Dr.Partha Kar, UK  
Ms.Jazz Sethi, Ahmedabad

12:00 PM - 01:30 PM  
INSULIN SYMPOSIUM

12:00 PM - 12:25 PM  
DIABETES CARE IN HOSPITAL:  
CASE BASED DISCUSSION

Dr.Karthik Balachandran, Chennai

12:25 PM - 01:05 PM

INSULIN INITIATION: DOING IT RIGHT  
THE FIRST TIME

Dr.Abdul Hamid Zargar, Srinagar  
Dr.Ashish Sehgal, Karnal

01:05 PM - 01:30 PM

ULTRA LONG ACTING BASAL INSULIN:  
OUT WITH THE OLD; IN WITH THE NEW

Dr.Hemant Thacker, Mumbai

Moderator

Dr.Ashok Kumar Das, Puducherry

2 GLIFLOZIN HALL

11:40 AM - 12:00 PM

11:40 AM - 11:55 AM  
MEDICAL MANAGEMENT OF NAFLD IN  
PEOPLE WITH DIABETES

Dr.Raj Mohan L, Trivandrum

11:55 AM - 12:00 PM  
DISCUSSION

Chairperson

Dr.Balagopal P G, Trivandrum

12:00 PM - 01:10 PM  
T1D RHYTHM & RHYME

12:00 PM - 12:15 PM  
IMPLEMENTING ISPAD GUIDELINES FOR  
OPTIMAL PEDIATRIC AND ADOLESCENT  
DIABETES CARE: STRATEGIES,  
CHALLENGES, AND OUTCOMES

Dr.Leena Priyambada, Hyderabad

12:15 PM - 12:30 PM

ISPAD NUTRITION GUIDELINES, WHAT  
IS NEW?

Ms.Sheryl Salis, Mumbai

12:30 PM - 12:45 PM  
ADJUVANT THERAPIES FOR TYPE 1  
DIABETES

Dr.Partha Kar, UK

12:45 PM - 01:00 PM

T1D AND GROWTH

Dr.Minal Mohit, Jaipur

01:00 PM - 01:10 PM

PANEL DISCUSSION

Moderators

Dr.Parvathy L, Kochi  
Dr.Dhruvi Hasnani, Ahmedabad

3 GLIPTIN HALL

11:40 AM - 12:10 PM

11:40 AM - 11:52 AM  
TEETH REPLACEMENT IN PATIENTS WITH  
DIABETES: CHALLENGES AND SOLUTIONS

Dr.Manikandan G R, Trivandrum

11:52 AM - 12:04 PM  
PWD LOVE YOUR GUMS!!

Dr.Priyam Mishra, Hyderabad

12:04 PM - 12:10 PM  
DISCUSSION

Chairperson

Dr.Sandeep R, Trivandrum

12:10 PM - 01:30 PM

PANEL DISCUSSION:  
HOW TO EFFECTIVELY DELIVER  
EDUCATION/UPDATES ON  
DIABETES TO HEALTH CARE  
PROFESSIONALS?

Dr.Sumesh Raj, Trivandrum

Dr.Benny P V, Trivandrum

Dr.Mohan Nair, Trivandrum

Dr.Jayakumari C, Kottayam

Moderator

Dr.Jayakrishnan B, Tirur

4 GLP HALL

CLINICAL UTILITY OF HYPERBARIC  
OXYGEN THERAPY IN DIABETIC FOOT  
ULCERS/INFECTIONS

Dr.Greeshma B Panicker, Trivandrum

OBSERVATIONAL CASE CONTROL STUDY  
ON DIETARY INTAKE PATTERN AND ITS  
RELATIONSHIP WITH SERUM CREATININE  
FOR THE RISK OF DIABETIC PATIENTS

Ms.Mouli Das Adhikary, Kolkata

Judges

Dr.Raveendran A V, Oman

Dr.Sumesh Raj, Trivandrum

Dr.Sunil Prasobh P, Trivandrum

12:00 PM - 01:30 PM

12:00 PM - 12:15 PM

MEDICAL NUTRITION THERAPY IN GDM

Dr.Kavita Gupta, Nagpur

12:15 PM - 12:30 PM

MILLETS THE SMART CROP

Dr.Meenakshi Bajaj, Chennai

Chairperson

Ms.Geethu Sanal, Trivandrum

12:30 PM - 01:30 PM

LIVE COOKERY SHOW  
DIABETES DELIGHTS: A REAL TIME  
COOKERY SHOW FOR HEALTHY AND  
DELICIOUS EATING

Purple Health Challengers Team

DAY 2  
PROGRAMME

JULY  
08  
SATURDAY

JPEF  
2023

DIABETES  
GOES DIGITAL

1 INSULIN HALL

2 GLIFLOZIN HALL

3 GLIPTIN HALL

4 GLP HALL

01:10 PM - 01:30 PM

01:10 PM - 01:20 PM  
**PRECISION MEDICINE IN TYPE 2  
DIABETES**

Dr.Rashmi Prasad, Sweden

01:20 PM - 01:30 PM  
**DISCUSSION**

**Chairperson**  
Dr.Kannan Natarajan, Chennai

01:30 PM - 02:30 PM  
**LUNCH BREAK**

02:30 PM - 03:00 PM  
**QUIZ: SWEET N SOUR**

02:30 PM - 03:10 PM

02:30 PM - 02:45 PM  
**HIGH QUALITY POC, A MUST FOR  
EFFICIENT DIABETES AND  
COMPLICATIONS MANAGEMENT**

Dr.Banshi Saboo, Ahmedabad

02:45 PM - 03:00 PM  
**TOP 10 ERRORS IN DIABETES  
PRACTICE**

Dr.Krishnadev Jothydev, Trivandrum

03:00 PM - 03:10 PM  
**DISCUSSION**

**Chairpersons**  
Dr.Mohan Varghese, Thiruvalla  
Dr.Ajayakumar S, Adimali

02:30 PM - 03:30 PM

02:30 PM - 02:45 PM  
**NUANCES IN THE MANAGEMENT OF  
PANCREATIC DIABETES**

Dr.Soumya S, Trivandrum

02:45 PM - 03:00 PM  
**MANAGEMENT OF LADA**

Dr.Arun Shankar, Trivandrum

03:00 PM - 03:15 PM  
**INTELLIGENT SOLUTIONS FOR DIABETES:  
EMBRACING THE AI FRONTIER**

Dr.Bharat Saboo, Indore

03:15 PM - 03:30 PM  
**DISCUSSION**

**Moderators**  
Dr.Aswin Mukundan, Calicut  
Dr.Rajapaul, Tamil Nadu

02:30 PM - 03:30 PM  
**POSTER PRESENTATION**

**OBSERVATIONAL STUDY ON THE  
PREVALENCE OF HIGH MEAN PLATELET  
VOLUME AMONG TYPE 2 DIABETICS AND  
NON- DIABETIC SUBJECTS**

Dr.Anand P

**GENDER DIFFERENCES IN RESTING  
HEART RATE AND ELECTROCARDIO-  
GRAPHIC CHANGES IN PATIENTS WITH  
TYPE 2 DIABETES MELLITUS**

Dr.Bharath Saboo, Indore

**DATA REVEALS 3 OUT OF 4 INDIANS  
SUFFER FROM VITAMIN D  
DEFICIENCY; YOUNG ADULTS BELOW  
20 MOST AFFECTED**

Dr.Ankita Shigwan

**SERUM GAMMA GLUTAMYL  
TRANSFERASE LEVELS IN  
METABOLIC SYNDROME**

Dr.Mintu John

**DIABETES EDUCATION THROUGH  
MAGIC TRICKS**

Dr.V V Rama Kumar

**TECHNOLOGY BASED PATIENT DRIVEN  
DIABETES CARE**

Dr.Sumathi Sampath

03:00 PM - 03:20 PM

03:00 PM - 03:15 PM  
**PIOGLITAZONE: COST EFFECTIVE CARDIO  
PROTECTIVE INSULIN SENSITIZER**

Dr.Rajesh R Deshmane, Kolhapur

03:15 PM - 03:20 PM  
**DISCUSSION**

**Chairperson**  
Dr.Srinath K Bhat, Kanjangad

03:10 PM - 03:30 PM

03:10 PM - 03:25 PM  
**PRE-GDM: A RISING CHALLENGE  
FOR INDIA**

Dr.Sunil Gupta, Nagpur

03:25 PM - 03:30 PM  
**DISCUSSION**

**Chairperson**  
Dr.Mohan Nair, Trivandrum



1 INSULIN HALL

03:20 PM - 03:50 PM  
**ZUMBA-THON: SHAKE YOUR WAY TO SUCCESS!**

Ms.Lakshmi Babu, Trivandrum

03:50 PM - 04:30PM

03:50 PM - 04:05 PM  
**BIOSIMILAR INSULIN- NEED OF THE HOUR!**

Dr.Mathew John, Trivandrum

04:05 PM - 04:20 PM  
**INTERCHANGEABLE INSULIN- CHANGING LANDSCAPE IN DIABETES**

Dr.Mangesh Tiwaskar, Mumbai

04:20 PM - 04:30 PM  
**DISCUSSION**

**Chairpersons**

Dr.Edwin George, Kochi  
Dr.Arun Shankar, Trivandrum

2 GLIFLOZIN HALL

03:30 PM - 04:00 PM

03:30 PM - 03:50 PM  
**MULTIFACTORIAL APPROACH TO T2DM MANAGEMENT- ROLE OF ONCE WEEKLY DULAGLUTIDE**

Dr.Aravinda Jagadeesha, Bengaluru

03:50 PM - 04:00 PM  
**DISCUSSION**

**Chairperson**

Dr.Vipul Chavda, Ahmedabad

04:00 PM - 04:20 PM

04:00 PM - 04:15 PM  
**INNOVATION IN INSULIN DELIVERY FOR PATIENTS ON INSULIN THERAPY**

Dr.Tittu Oommen, Trivandrum

04:15 PM - 04:20 PM  
**DISCUSSION**

**Chairperson**

Dr.Prasannakumar, Kochi

3 GLIPTIN HALL

03:30 PM - 04:30 PM

03:30 PM - 03:45 PM  
**EVOLVING SCOPE OF CLINICAL EMPATHY IN DIABETES CARE**

Dr.Jayakrishnan B, Tirur

03:45 PM - 04:00 PM  
**CARDIOVASCULAR RISK ASSESSMENT IN PATIENTS WITH TYPE 2 DIABETES**

Dr.Anshul Kumar, New Delhi

04:00 PM - 04:15 PM  
**DIABETES AND CANCER; CONTROVERSIES AND CONSENSUS**

Dr.Sunil Prasobh P, Trivandrum

04:15 PM - 04:20 PM  
**DISCUSSION**

**Chairpersons**

Dr.Ashwin David Ashok, Trivandrum  
Dr.Robin George, Calicut

4 GLP HALL

**IMPACT OF MEAL TIMINGS AND DIETARY MODIFICATIONS ON THE GLYCEMIC CONTROL FOR WOMEN WITH GESTATIONAL DIABETES MELLITUS (GDM) IN TRIVANDRUM CITY**

Dr.Krishna Priya N G

**PERSONAL HYGIENE AND SGLT2I**

Dr.Abhisekh Raha

**EVALUATING DIPEPTIDYL PEPTIDASE 4 INHIBITOR CHOICE IN DIABETES MELLITUS AMONG INDIAN CLINICIANS**

Dr.Rahul Iyer

**DIABETES AND ORAL HEALTH**

Dr.Firdous Shaikh

**GREATER TIME SPENT IN GLYCAEMIC CONTROL WITH ORAL SEMAGLUTIDE VS ORAL COMPARATORS**

Dr.Visakh R

**CURRENT PRACTICE AND PERCEPTIONS ON THE SCREENING, DIAGNOSIS AND USE OF MINERALOCORTICOID RECEPTOR ANTAGONIST IN HEART FAILURE**

Dr.Subhash Sonawala

**DIABETES WITH VOCAL CORD PALSY – RARE OR FORGOTTEN ASSOCIATION**

Dr.Jambu Raja

**LIFE STYLE MODIFICATION IMPROVES HBA1C AND METABOLIC HEALTH IN INDIVIDUALS WITH OBESITY**

Ms.Rupal Shrimanker

**OBSERVATIONAL STUDY ON THE PREVALENCE OF HEPATIC FIBROSIS AMONG TYPE 2 DIABETIC WITH NON DIABETIC SUBJECTS**

Dr.Anand P

**CLINICAL CHARACTERISTICS AND PRECIPITATING FACTORS OF DIABETIC KETOACIDOSIS IN PATIENTS WITH TYPE 1 DIABETES**

Dr.Bharath Saboo, Indore

**Judges**

Dr.Raveendran A V, Oman  
Dr.Sumesh Raj, Trivandrum  
Dr.Sunil Prasobh P, Trivandrum

04:30 PM – 05:30 PM  
INAUGURATION

1 INSULIN HALL

05:30 PM - 06:00 PM

05:30 PM - 05:50 PM  
HYPOGLYCEMIA AND CVD IN THE  
CONTEXT OF FRAILTY:  
AN UNDERRECOGNIZED ODD TRIO

Dr.Eberhard Standl, Germany

05:50 PM - 06:00 PM  
DISCUSSION

Chairperson

Dr.Sunil Prasobh P, Trivandrum

06:00 PM - 06:25 PM  
RSSDI PRESIDENTIAL  
ORATION

06:00 PM - 06:20 PM  
ARE TWO BETTER THAN ONE? OR  
THREE?- ROLE OF TRIPLE COMBINATION  
THERAPY IN DIABETES

Dr.B M Makkar, New Delhi

06:20 PM - 06:25 PM  
DISCUSSION

Chairperson

Dr.Anita Nambiar S, Kochi

06:25 PM - 06:55 PM

06:25 PM - 06:45 PM  
IRON DEFICIENCY ANEMIA  
IN DIABETES

Dr.Banshi Saboo, Ahmedabad

06:45 PM - 06:55 PM  
DISCUSSION

Chairperson

Dr.Raveendran A V, Oman

2 GLIFLOZIN HALL

05:30 PM - 06:30 PM  
INSULIN WORKSHOP

05:30 PM - 05:35 PM  
CONTEXT SETTING

Dr.Ashok Kumar Das, Puducherry

05:35 PM - 05:50 PM  
A PRAGMATIC APPROACH ON INSULIN  
INITIATION

Dr.Jothydev Kesavadev, Trivandrum

05:50 PM - 06:05 PM  
CASE BASED APPROACH ON INSULIN  
TITRATION AND INTENSIFICATION

Dr.Prasanth Sankar, Pathanamthitta

06:05 PM - 06:15 PM  
UMMEED- ADDRESSING THE KEY  
CHALLENGES IN INSULIN THERAPY

Dr.Praveen R, Trivandrum

06:15 PM - 06:30 PM  
DEMONSTRATION OF INSULIN INJECTION  
TECHNIQUES

Dr.Prasanth Sankar, Pathanamthitta

Moderator

Dr.Ashok Kumar Das, Puducherry

06:30 PM - 06:50 PM

06:30 PM - 06:45 PM  
ADVANCE TRIAL- LESSONS LEARNT IN  
THE LAST YEARS

Dr.Arun Jacob, Thrissur

06:45 PM - 06:50 PM  
DISCUSSION

Chairpersons

Dr.Rafiq Mohamed, Kochi  
Dr.Arun Shankar, Trivandrum

3 GLIPTIN HALL

05:30 PM - 06:30 PM

05:30 PM - 05:45 PM  
DIABETES AND INFERTILITY

Dr.Suresh Damodaran, Coimbatore

05:45 PM - 06:00 PM  
CARDIOVASCULAR DYSFUNCTION  
AND DIABETES

Dr.Vipul Chavda, Ahmedabad

06:00 PM - 06:15 PM  
DIABETES IN YOUNG

Dr.Jayakumari C, Kottayam

06:15 PM - 06:30 PM  
DISCUSSION

Moderators

Dr.Balachandran K, Trivandrum  
Dr.Ashwin Karuppan, Chennai

06:30 PM - 07:00 PM

06:30 PM - 06:50 PM  
GLUCAGON- A GAME CHANGER IN  
DIABETES MANAGEMENT

Dr.Vinod Mittal, New Delhi

06:50 PM - 07:00 PM  
DISCUSSION

Moderator

Dr.Ajayakumar S, Adimali

4 GLP HALL

03:30 PM - 04:00 PM  
QUIZ: SWEET N SOUR 2

1 INSULIN HALL

06:55 PM - 07:15 PM

06:55 PM - 07:10 PM

**TRANSITION FROM DIABETES CARE TO METABOLIC CARE**

Dr.Hemant Thacker, Mumbai

07:10 PM - 07:15 PM

**DISCUSSION**

**Chairperson**

Dr.Ajith Kumar P V, Trivandrum

07:15 PM - 08:00 PM

07:15 PM - 07:35 PM

**WHY TIR IS LIFE/COST SAVING AND HOW TO ADOPT IT IN ROUTINE PRACTICE?**

Dr.Jothydev Kesavadev, Trivandrum

07:35 PM - 07:55 PM

**TONGUE TWISTERS & GIZMOS: THE NEW WORLD OF DIABETES**

Dr.Partha Kar, UK

07:55 PM - 08:00 PM

**DISCUSSION**

**Moderators**

Dr.Bharat Saboo, Indore

Dr.Ritu Johari, Mumbai

2 GLIFLOZIN HALL

06:50 PM - 07:10 PM

06:50 PM - 07:05 PM

**NON DIABETIC RENAL DISEASE IN PEOPLE WITH DIABETES**

Dr.Jitendra Kumar, Faridabad

07:05 PM - 07:10 PM

**DISCUSSION**

**Chairperson**

Dr.Beena Unnikrishnan, Trivandrum

07:10 PM - 07:30 PM

07:10 PM - 07:25 PM

**ROLE OF PNEUMOCOCCAL VACCINE IN PATIENTS WITH DIABETES MELLITUS**

Dr.Georgi Abraham, Chennai

07:25 PM - 07:30 PM

**DISCUSSION**

**Chairperson**

Dr.Ajith Kumar S, Trivandrum

07:30 PM - 08:00 PM

07:30 PM - 07:50 PM

**ROLE OF NUTRITION IN DIABETES & OBESITY**

Dr.Thushanth Thomas, Trivandrum

07:50 PM - 08:00 PM

**DISCUSSION**

**Chairperson**

Dr.Rajapaul, Tamil Nadu

3 GLIPTIN HALL

07:00 PM - 08:00 PM

07:00 PM - 07:12 PM

**METFORMIN IN PREGNANCY-FRIEND OR FOE**

Dr.Ashish Sehgal, Karnal

07:12 PM - 07:24 PM

**SARCOPENIC OBESITY**

Dr.Amit Dey, Kolkata

07:24 PM - 07:36 PM

**DIABETIC FOOT AND ISCHEMIA: WHEN AND HOW TO INTERVENE**

Dr.Sreekumar R C, Trivandrum

07:36 PM - 07:48 PM

**SLEEP AND DIABETES**

Dr.Mohan T Shenoy, Trivandrum

07:48 PM - 08:00 PM

**DISCUSSION**

**Chairpersons**

Dr.Harish Kumar G, Pala

Dr.Madhu N, Paravur

4 GLP HALL

# DAY 3 PROGRAMME

**JULY**  
**09**  
SUNDAY

**JPEF**  
**2023**

**DIABETES  
GOES DIGITAL**

## 1 INSULIN HALL

**08:30 AM - 09:00 AM**  
**ZUMBA-THON: SHAKE YOUR WAY TO SUCCESS!**

**09:00 AM - 09:30 AM**  
**KESAVADEV ORATION**

**09:00 AM - 09:20 AM**  
**COMBINING GLIFLOZIN WITH A GLIPTIN: A PARADIGM SHIFT IN DIABETES MANAGEMENT**

Dr.A G Unnikrishnan, Pune

**09:20 AM - 09:30 AM**  
**DISCUSSION**

**Moderator**  
Dr.Ajith Kumar S, Trivandrum

**09:30 AM - 10:00 AM**

**09:30 AM - 09:50 AM**  
**GLYCEMIC DURABILITY: AN IMPORTANT CONSIDERATION FOR T2DM**

Dr.Manoj Chawla, Mumbai

**09:50 AM - 10:00 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Prasanth Sankar, Pathanamthitta

**10:00 AM - 11:00 AM**  
**METABOLIC SYMPHONY**

**10:00 AM - 10:15 AM** 📶  
**CLINICAL IMPLICATIONS OF EMPA-KIDNEY TRIAL**

Dr.V Mohan, Chennai

**10:15 AM - 10:30 AM**  
**CARDIO-RENAL-METABOLIC REMISSION IN T2DM**

Dr.Shalini Jaggi, New Delhi

ORATION

## 2 GLIFLOZIN HALL

**09:00 AM - 09:20 AM**

**09:00 AM - 09:15 AM**  
**MONITORING DIABETES IN PREGNANCY**  
Dr.Pratap Jethwani, Rajkot

**09:15 AM - 09:20 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Dhruvi Hasnani, Ahmedabad

**09:20 AM - 09:40 AM**

**09:20 AM - 09:35 AM**  
**BENEFITS OF SGLT2I BEYOND GLUCOSE CONTROL**  
Dr.L Sreenivasa Murthy, Bengaluru

**09:35 AM - 09:40 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Jayakrishnan B, Tirur

**09:40 AM - 10:10 AM**

**09:40 AM - 10:00 AM**  
**SITAGLIPTIN + DAPAGLIFLOZIN AND EFFECTIVE COMBINATION: CV BENEFIT OVERVIEW**  
Dr.N K Narayanan, Chennai

**10:00 AM - 10:10 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Yaseen Unes, Haripad

**10:10 AM - 10:40 AM**

**10:10 AM - 10:30 AM**  
**PANCREATIC EXOCRINE INSUFFICIENCY (PEI) IN DIABETES**  
Dr.Supratik Bhattacharyya, Kolkata

**10:30 AM - 10:40 AM**  
**DISCUSSION**

**Chairperson**  
Dr.Amirth Lal P, Kollam

## 3 GLIPTIN HALL

**09:00 AM - 10:00 AM**

**09:00 AM - 09:15 AM**  
**CHALLENGES IN THYROIDOLOGY PRACTICE**  
Dr.Vipin V P, Kochi

**09:15 AM - 09:30 AM**  
**MANAGEMENT OF DKA**  
Dr.Chandni R, Calicut

**09:30 AM - 09:45 AM**  
**MITIGATING CARDIO-RENAL RISK IN T2DM**  
Dr.Anil Virmani, Jamshedpur

**09:45 AM - 10:00 AM**  
**DISCUSSION**

**Moderators**  
Dr.Thomas Titus, Trivandrum  
Dr.Rajalekshmi S, Trivandrum

**10:00 AM - 11:00 AM**  
**KIDNEY NEXUS**

**10:00 AM - 10:12 AM**  
**OBESITY AND FATTY KIDNEY DISEASE: HOW TO GO ABOUT?**  
Dr.Beena Unnikrishnan, Trivandrum

**10:12 AM - 10:24 AM**  
**DIABETIC KIDNEY DISEASE- CAN WE STOP/REVERSE IT?**  
Dr.Radhika C R, Trivandrum

## 4 GLP HALL

**10:00 AM - 11:00 AM**  
**JPEF ORAL PRESENTATION**

**THE ROLE OF LAUGHTER AND LAUGHTER YOGA IN STRESS RELIEF FOR HEALTH CARE PROFESSIONALS AND PATIENTS**  
Dr.V V Rama Kumar

**MULTIFACTORIAL RISK REDUCTION WITH ORAL SEMAGLUTIDE IN THE TREATMENT OF TYPE 2 DIABETES**  
Dr.Arjun Nair

**ADOPTION OF CONTINUOUS GLUCOSE MONITORING FOR DIABETES MANAGEMENT: AN OUTPATIENT DEPARTMENT PERSPECTIVE**  
Dr.Lotika Purohit

**THE RISE AND FALL OF PIPERACILLIN-TAZOBACTAM IN DIABETIC FOOT INFECTIONS IN A SEMI URBAN TOWN IN KERALA**  
Dr.Rohit Jacob

**NEW ONSET OF HEMIBALLISMUS IN UNCONTROLLED DIABETES MELLITUS-HIGH INCIDENCE ON OLD AGE : CASE REPORT WITH REVIEW OF LITERATURE**  
Dr.Jambu Raja

1 INSULIN HALL

10:30 AM - 10:45 AM

**OPTIMIZING TARGET ORGAN FUNCTION IN YOUNG ONSET T2DM**

Dr.Nanditha Arun, Chennai

10:45 AM - 11:00 AM  
**DISCUSSION**

**Moderators**

Dr.Ashok Kumar Das, Puducherry  
Dr.Manoj Chawla, Mumbai

11:00 AM - 12:00 PM

**GLP-1 DIABETES SYMPOSIUM**

11:00 AM - 11:15 AM

**PARADIGM SHIFT IN T2D MANAGEMENT - GLUCOCENTRIC TO ADIPOCENTRIC APPROACH**

Dr.Shashank R Joshi, Mumbai

11:15 AM - 11:30 AM

**ORAL SEMAGLUTIDE - A NOVEL APPROACH TO DIABETES MANAGEMENT**

Dr.A G Unnikrishnan, Pune

11:30 AM - 11:45 AM

**PRACTICAL GUIDANCE ON ORAL SEMAGLUTIDE USAGE - A BEDSIDE PRACTICE**

Dr.Rajiv Kovil, Mumbai

11:45 AM - 12:00 PM

**PANEL DISCUSSION**

**Moderator**

Dr.Krishna Seshadri, Chennai

2 GLIFLOZIN HALL

10:40 AM - 11:00 AM

10:40 AM - 10:55 AM

**DIABETES REVERSAL, INDIAN EXPERIENCE**

Dr.Sreejith N Kumar, Trivandrum

10:55 AM - 11:00 AM

**DISCUSSION**

**Chairpersons**

Dr.Sumesh Raj, Trivandrum  
Dr.Arun Shankar, Trivandrum

11:00 AM - 11:40 AM

**GDM SYMPOSIUM**

11:00 AM - 11:15 AM

**GDM IS THE MOTHER OF NCD**

Dr.Rajeev Chawla, New Delhi

11:15 AM - 11:30 AM

**GDM MANAGEMENT INSULIN VS ORAL**

Dr.Shalini Jaggi, New Delhi

11:30 AM - 11:40 AM

**DISCUSSION**

**Moderators**

Dr.Anupama Ramachandran, Trivandrum  
Dr.Sabine, Muvattupuzha

11:40 AM - 12:10 PM

11:40 AM - 12:00 PM

**IS DIABETES AN INFLAMMATORY DISEASE?**

Dr.S R Aravind, Bengaluru

12:00 PM - 12:10 PM

**DISCUSSION**

**Chairperson**

Dr.Ashwin David Ashok, Trivandrum

3 GLIPTIN HALL

10:24 AM - 10:36 AM

**DIABETES MANAGEMENT IN CHRONIC KIDNEY DISEASE: A CONSENSUS REPORT BY THE AMERICAN DIABETES ASSOCIATION AND KIDNEY DISEASE: IMPROVING GLOBAL OUTCOMES (KDIGO)**

Dr.Asha Ashik, Kochi

10:36 AM - 10:48 AM

**WRITING A PRESCRIPTION FOR PEOPLE WITH DIABETES WITH KIDNEY DISEASE**

Dr.Manisha Sahay, Hyderabad

10:48 AM - 11:00 AM

**DISCUSSION**

**Moderators**

Dr.Anita Nambiar S, Kochi  
Dr.Chacko Varghese, Trivandrum

11:00 AM - 12:00 PM

**FOOT WORKSHOP: STEP BY STEP**

11:00 AM - 11:12 AM

**EARLY DETECTION OF THE FOOT AT RISK**

Dr.Ajaiyakumar S K, Trivandrum

11:12 AM - 11:24 AM

**NEWER ADVANCES IN DF INCLUDING MEDICAL MANAGEMENT OF PVD**

Dr.Johny Kannampilly, Kochi

11:24 AM - 11:36 AM

**APPROACH TO A NEW DIABETIC FOOT ULCER**

Dr.Ajith Kumar S, Trivandrum

11:36 AM - 11:50 AM

**DISCUSSION**

**Moderators**

Dr.Asha Ashik, Kochi  
Dr.Shahana Yasmin, Trivandrum

4 GLP HALL

**CORRELATION BETWEEN HBA1C AND TIME IN RANGE IN TYPE 2 DIABETES PATIENTS WITH NORMAL HBA1C, ATTENDING A TERTIARY CARE MEDICAL COLLEGE HOSPITAL IN SOUTH INDIA**

Dr.Edwin J George

**CONTINUOUS GLUCOSE MONITORING IN INSULIN-EXPERIENCED INDIVIDUALS WITH TYPE 2 DIABETES SWITCHED TO ONCE-WEEKLY INSULIN ICODEC VERSUS ONCE-DAILY COMPARATORS IN ONWARDS 2 AND 4: POST-HOC ANALYSIS**

Dr.Manu Chandrappa

**PATIENT PROFILING AND OUTCOME ASSESSMENT OF VILDAGLIPTIN AND DAPAGLIPTIN FIXED DOSE COMBINATION IN PATIENTS WITH TYPE 2 DIABETES MELLITUS-A REAL-WORLD RETROSPECTIVE STUDY IN INDIA**

Dr.Sona Warriar

**Judges**

Dr.Raveendran A V, Oman  
Dr.Sumesh Raj, Trivandrum  
Dr.Sunil Prasobh P, Trivandrum

11:00 AM - 12:00PM

11:00 AM - 11:15 AM

**DERMATOLOGICAL MANIFESTATION IN DIABETES**

Dr.Ashwin Karuppan, Chennai

11:15 AM - 11:30 AM

**WHAT'S NEW IN DIY AP?**

Dr.Yaseen Unes, Trivandrum

11:30 AM - 11:45 AM

**DIETARY MANAGEMENT OF OBESITY- WHAT IS PRACTICAL?**

Dr.Aneesh Ghosh, Trivandrum

11:45 AM - 12:00 PM

**DISCUSSION**

**Chairpersons**

Dr.Prasannakumar, Kochi  
Dr.Sadakathullah A, Kottayam

# DAY 3 PROGRAMME

**JULY**  
**09**  
SUNDAY

**JPEF**  
**2023**

**DIABETES  
GOES DIGITAL**

## 1 INSULIN HALL

**12:00 PM - 12:20 PM**

**12:00 PM - 12:15 PM**  
**A DEEP DIVE INTO HIDDEN CLINICAL  
GEMS OF VILDAGLIPTIN IN T2DM**  
Dr.Sanjay Agarwal, Pune

**12:15 PM - 12:20 PM**  
**DISCUSSION**

**Moderator**  
Dr.Sumesh Raj, Trivandrum

**12:20 PM - 12:40 PM**

**12:20 PM - 12:35 PM**  
**CLINICAL NUTRITION IN NON  
COMMUNICABLE DISEASES (NCDs):  
THE MITOCHONDRIAL PARADIGM**  
Dr.Shashank R Joshi, Mumbai

**12:35 PM - 12:40 PM**  
**DISCUSSION**

**Moderator**  
Dr.Jayalekshmi R Kurup, Kochi

**12:40 PM - 01:00 PM**

**12:40 PM - 12:55 PM**  
**GLUCODYNIA- AN APPROACH TO RELIEVE  
PAIN IN DIABETES**  
Dr.Rakesh Sahay, Hyderabad

**12:55 PM - 01:00 PM**  
**DISCUSSION**

**Chairperson**  
Dr.Harish Kumar G, Pala

**01:00 PM - 01:30 PM**

**01:00 PM - 01:20 PM**  
**GENERIC VS ORIGINAL**  
Dr.S R Aravind, Bengaluru

**01:20 PM - 01:30 PM**  
**DISCUSSION**

**Chairperson**  
Dr.Ashwin Mukundan, Calicut

## 2 GLIFLOZIN HALL

**12:10 PM - 12:45 PM**  
**NUTRITION SYMPOSIUM**

**12:10 PM - 12:22 PM**  
**DIETARY FIBRE IN INDIAN DIETS**  
Dr.Dharini Krishnan, Chennai

**12:22 PM - 12:34 PM**  
**ARTIFICIAL SWEETENERS; BOON OR BANE?**  
Ms.Sheryl Salis, Mumbai

**12:34 PM - 12:45PM**  
**DISCUSSION**

**Moderators**  
Ms.Geethu Sanal, Trivandrum  
Dr.Chandni R, Calicut

**12:45 PM - 01:10 PM**

**12:45 PM - 01:00 PM**  
**MODERN SUS: THE GREEN SWAN OF OADs**  
Dr.Rajiv Kovil, Mumbai

**01:00 PM - 01:10 PM**  
**DISCUSSION**

**Chairperson**  
Dr.Rajapaul, Tamil Nadu

**01:10 PM - 01:30 PM**

**01:10 PM - 01:25 PM**  
**THE CHOICE OF VITAMIN D FORMULATIONS-  
WHEN AND HOW TO CHOOSE?**  
Dr.Jayant Panda, Odisha

**01:25 PM - 01:30 PM**  
**DISCUSSION**

**Chairperson**  
Dr.Jayalekshmi R Kurup, Kochi

## 3 GLIPTIN HALL

**11:50 AM - 12:45 PM**

**11:50 PM - 12:05 PM**  
**SEXUAL AND REPRODUCTIVE HEALTH  
IN DIABETES**  
Dr.K Jayakrishnan, Trivandrum

**12:05 PM - 12:20 PM**  
**APPROACH TO HYPOGLYCEMIA AND  
MANAGEMENT IN SPECIAL SITUATIONS**  
Dr.Sanjay Reddy, Bengaluru

**12:20 PM - 12:35 PM**  
**IMMUNE CHECK POINT INHIBITOR  
INDUCED HYPERGLYCEMIA:  
MECHANISM & MANAGEMENT**  
Dr.Joe George, Calicut

**12:35 PM - 12:45 PM**  
**DISCUSSION**

**Moderator**  
Dr.Asha Ashik, Kochi

**12:45 PM - 01:05 PM**

**12:45 PM - 01:00 PM**  
**TYPE 2 DIABETES AND CANCER**  
Dr.Eberhard Standl, Germany

**01:00 PM - 01:05 PM**  
**DISCUSSION**

**Moderator**  
Dr.Arun Shankar, Trivandrum

**01:05 PM - 01:30 PM**

**01:05 PM -01:25 PM**  
**CRACKING THE CODE OF BLOOD  
PRESSURE: SESSION FOR HEART HEALTH**  
Dr.Bijay Patni, Kolkata

**01:25 PM - 01:30 PM**  
**DISCUSSION**

**Moderator**  
Dr.Thomas Titus, Trivandrum

## 4 GLP HALL

**12:00 PM - 01:00 PM**  
**MODERN DAY INSULIN PUMP  
THERAPY WORKSHOP  
AUTOMATED INSULIN  
DELIVERY (AID)**

**12:00 PM - 12:05 PM**  
**INTRODUCTION**  
Dr.Jayaprakash Sai, Hyderabad

**12:05 PM - 12:15 PM**  
**INDIAN EXPERIENCE AND  
PRACTICAL TIPS**  
Dr.Jothydev Kesavadev, Trivandrum

**12:15 PM - 12:25 PM**  
**NEED FOR AUTOMATION OF INSULIN  
DELIVERY**  
- UNMET NEEDS  
- CLINICAL EVIDENCE  
Dr.Vinay Mukhekar, Mumbai

**12:25 PM - 12:35 PM**  
**ALGORITHM DRIVING INSULIN  
DELIVERY**  
Dr.Manoj Chawla, Mumbai

**12:35 PM - 12:45 PM**  
**ONBOARDING AND REVIEW OF AID  
SYSTEM**  
- INITIATION  
- FOLLOW UP  
Dr.Nanditha Arun, Chennai

**12:45 PM - 12:55 PM**  
**DISCUSSION**

**12:55 PM - 01:00 PM**  
**CONCLUSION**  
Dr.Jayaprakash Sai, Hyderabad

**Moderators**  
Dr.Jayaprakash Sai, Hyderabad  
Dr.Jothydev Kesavadev, Trivandrum

**01:00 PM - 01:30 PM**  
**JPEF DRAWBETES JUDGEMENT  
JPEF FLASHBACK FUN JUDGEMENT**

**Judge**  
Dr.Roy R Chandran, Calicut

01:30 PM – 01:45 PM  
VALEDICTORY FUNCTION

01:45 PM – 02:40 PM  
LUNCH BREAK



**Are you a diabetes expert?  
Prove it and win big!**

Register now at <https://quiz.jpef.in>

Don't miss out on this fantastic opportunity to learn more about diabetes and win some great prizes.



**"Diabetes Delights:  
A Real-Time Cookery Show for Healthy  
and Delicious Eating!"**

Experience a mouthwatering adventure at the 11<sup>th</sup> JPEF Annual Global Diabetes Convention 2023 with 'Diabetes Delights,' a real-time cookery show featuring an expert chef creating delicious, healthy meals using fresh ingredients and innovative techniques.

## FLASHBACK FUN: SHARE JPEF MEMORIES AND WIN PRIZES



Share your favorite JPEF Convention moments of previous 10 years on social media using #jpef2023 for a chance to win awesome prizes, as you dig through your photo album and post your top JPEF memory, so start tagging and reminiscing now!

## PHYSICAL EXERCISE CHALLENGE



### FIT FRENZY: AN EXERCISE CHALLENGE!

Get ready for an adrenaline-pumping fitness challenge that will test your strength and endurance! Join "Fit Frenzy", at the 11<sup>th</sup> JPEF Annual Global Diabetes Convention where the maximum number of pushups and squats wins!

## DRAWBETES!

### "DON'T MISS OUT ON THE CHANCE TO PLAY 'DRAWBETES' AND HAVE A BLAST"!

Unleash your inner artist in a fun-filled game of 'Drawabetes,' a diabetes-themed pictionary, where you can test your drawing skills, sketch diabetes-related terms, compete against other players, and have your selected pictures showcased at the venue for everyone to admire - Don't miss out on this chance for a blast!

## DIABETES DART ATTACK

Get ready to test your aim and win big in our "Diabetes Dart Attack" challenge!

Join our diabetes-themed dart game and win exciting prizes! Aim carefully and hit the right target to be the champion!

Register Now, for

11<sup>TH</sup> JOTHYDEV'S PROFESSIONAL EDUCATION FORUM  
ANNUAL GLOBAL  
DIABETES CONVENTION

7 | 8 & 9 | JULY 2023

UDAY SAMUDRA  
Kovalam, Trivandrum





Join our exclusive Diabetes Tech Trivia session, where you can challenge our experts to guess your diabetes technology using yes or no answers only, making it an entertaining and educational game that is a must-attend for all delegates.

Register Now, for

**11<sup>TH</sup>** JOTHYDEV'S PROFESSIONAL EDUCATION FORUM  
**ANNUAL GLOBAL**  
**DIABETES CONVENTION**

7 | 8 & 9 | JULY 2023

UDAY SAMUDRA  
Kovalam, Trivandrum



## THE D-HUNT: UNCOVERING HIDDEN TREASURES AND ADVENTURES!

Embark on the ultimate treasure hunt adventure at the 11<sup>th</sup> JPEF Annual Global Diabetes Convention 2023, where you'll explore the conference venues, solve clues, and unlock hidden treasures, making it an unforgettable journey with friends and colleagues, offering exciting prizes and rewards for the winner.

Join us for the ultimate treasure hunt experience at the 11<sup>th</sup> JPEF Annual Global Diabetes Convention 2023 and let the fun begin!



# ZUMBA-THON

SHAKE YOUR WAY TO SUCCESS

**Ms. LEKSHMI BABU**  
HEALTH AND FITNESS TRAINER



## SESSION 1

**8** JULY 3:20 PM  
2023 3:50 PM  
INSULIN HALL

## SESSION 2

**9** JULY 8:30 AM  
2023 9:00 PM

## Other Activities

Other activities including Welcome Dance & other cultural programs





## NOTES

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# JPEF 2024

July 12,13 & 14, 2024

**12<sup>TH</sup>** JOTHYDEV'S PROFESSIONAL EDUCATION FORUM  
ANNUAL GLOBAL DIABETES CONVENTION

JPEF 2023

DIABETES  
GOES DIGITAL



AN EDUCATIONAL ACTIVITY ORGANIZED BY P. KESAVADEV TRUST

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IMA, NEMOM  
(AMS, CHAPTER)