



7th ANNUAL GLOBAL DIABETES CONVENTION
UDAY SAMUDRA BEACH HOTEL
Kovalam, Trivandrum, Kerala, India
10th & 11th AUGUST 2019



International Diabetes Federation
Centre of Education and Excellence
in Diabetes Care

AN EDUCATIONAL ACTIVITY ORGANIZED BY **P. KESAVADEV TRUST**
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JOTHYDEV'S
PROFESSIONAL
EDUCATION FORUM



7th ANNUAL GLOBAL DIABETES CONVENTION
UDAY SAMUDRA BEACH HOTEL–Kovalam, Trivandrum, Kerala, India
10th & 11th AUGUST 2019

Dear Friends,

It is with distinct pleasure that we invite you to the **7th Jothydev's Professional Education Forum (JPEF) Annual Global Diabetes Convention 2019**, which has established itself as the biggest of its kind in Kerala. This conference in recent years has become one of the most prominent gathering in South India for promoting the pedagogical purpose of diabetes research and latest advancements in diabetes care. This two-day convention is organised by JPEF under the aegis of P. Kesavadev Trust in association with DiabetesIndia.

The theme of the 7th JPEF Annual Global Diabetes Convention is **'In the ocean of advances, learning is power'**. We strive to promote contemporary learning style akin to previous years, with a significant number of distinguished speakers, both at national and international level, speaking on a wide array of topics important for diabetes health care professionals. This for sure would help both established health care professionals and students alike to broaden the horizons of their clinical practice.

The contemporary Uday Samudra Hotel located at the pristine beaches of Kovalam will serve as the convention centre, hardly 20 minutes' drive from the airport. Located just 15 meters from the sea, Uday Samudra is an exclusive 5-star beach hotel-a destination by itself. Comfortable accommodation is also available for the delegates at Kovalam's top-rated hotels like The Leela, Taj Cove, Uday Samudra, Turtle on the Beach, Sagara Beach Resort and many more. We eagerly look forward to meeting you at Kovalam, Trivandrum.

Kind regards,

Jothydev Kesavadev Arun Shankar Ashwin David Rohit Warriar Gopika Krishnan
& The Organising Team JPEF

SCIENTIFIC HIGHLIGHTS

PEARLS FOR PRACTICE: MAKING A DIFFERENCE IN 5 MINS	SGLT2 INHIBITORS IN CONTEMPORARY DIABETES CARE: EXTRAPOLATING RESULTS FROM CREDENCE AND DECLARE-TIMI
PANCREATIC REGULATION OF BLOOD SUGAR DYNAMICS	GUT MICROBIOTA AND DIABETES: ARE WE CLOSING THE GAP IN PATHOGENESIS?
NOVEL MOLECULAR TARGET AND THERAPEUTICS FOR AUTOIMMUNE DIABETES	DECONVOLUTING BIG DATA: WHAT IS IMPORTANT TO ACHIEVE BLOOD SUGAR TARGET?
HEALTH CARE DELIVERY MODEL IN INDIA: HOW RELEVANT IS IT FOR DIABETES CARE?	DIABETES AND THE MIND: WHAT DO WE UNDERSTAND?
MOLECULAR MECHANISMS OF INSULIN GENE REGULATION: WHY IS IT CLINICALLY IMPORTANT?	SGLT2 INHIBITORS: POSSIBLE BOON IN TYPE 1 DIABETES?
EPIGENETICS OF TYPE 2 DIABETES: WHAT DO WE UNDERSTAND NOW?	DIGITAL DIABETES CARE: NOW AND THE FUTURE
DOES BIOMARKERS IN BLOOD, URINE AND GENES PREDICT EARLY DKD?	ARTIFICIAL PANCREAS 2019: WHAT TO EXPECT?
NEWER TECHNOLOGIES AND DIABETES: IS THIS THE RIGHT SOLUTION?	



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HALL: A DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
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THE FITNESS CHALLENGE

08:00 AM 09:00 AM	FITNESS SIMPLIFIED	SPEAKER : Dr.ASHWIN DAVID ASHOK - Trivandrum & TEAM - MAD SHARK
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EXPERT PANEL: THE JOURNEY WITH DIABETES

CHAIRS: BENNY P.V - Trivandrum, Dr.HARIKRISHNAN R - Trivandrum

09:00 AM 09:10 AM	OLD AND NEW DRUGS IN DIABETES- PROS AND CONS	SPEAKER : Dr.HOSSAM ARAFA GHAZI - Egypt
09:10 AM 09:20 AM	WHAT'S NEW IN 2019 ADA CLINICAL GUIDELINES?	SPEAKER : Dr.ARUN SHANKAR - Trivandrum
09:20 AM 09:30 AM	MUSCLE MASS- THE GAME CHANGER IN DIABETES	SPEAKER : Dr.DHARINI KRISHNAN - Chennai
09:30 AM 09:45 AM	WHY FOOD MATTER?	SPEAKER : Dr.SREEJITH N. KUMAR - Trivandrum
09:45 AM 10:00 AM	SLEEP AND SEX IN DIABETES	SPEAKER : Dr.DEEPAK JUMANI - Mumbai
10:00 AM 10:10 AM	PANEL DISCUSSION	
10:10 AM 10:25 AM	PANCREATIC EXOCRINE INSUFFICIENCY- ARE WE NOT MISSING THIS IN DIABETES?	SPEAKER : Dr.BANSHI SABOO - Ahmedabad CHAIRS : Dr.C.JAYAKUMAR - Trivandrum Dr.R.C SREEKUMAR - Trivandrum
10:25 AM 10:40 AM	CARDIOVASCULAR HEALTH IN DIABETES	SPEAKER : Dr.SANTHOSH KOSHY - U.S.A CHAIRS : Dr.THOMAS TITUS - Trivandrum Dr.SEENAJ CHANDRAN - Kochi
10:40 AM 10:50 AM	DISCUSSION	
10:50 AM 11:15 AM	KESAVADEV ORATION: TIME IN RANGE: THE NEW TARGET IN DIABETES CARE	SPEAKER : Dr. BANSHI SABOO - Ahmedabad CHAIRS : Dr.GEORGI ABRAHAM - Chennai Dr.JAYANT PANDA - Cuttack
11:15 AM 11:30 AM	EVOLVING EVIDENCE WITH DPP4I : IMPLICATIONS IN CLINICAL DECISION MAKING	SPEAKER : Dr.KALYAN KUMAR GANGOPADHYAY - Kolkata CHAIRS : Dr.MOHANAN NAIR - Trivandrum Dr.PRASANTH SANKAR - Pathanamthitta
11:30 AM 11:45 AM	EMPOWERING T2DM MANAGEMENT BEYOND HBA1C : THE VASCULO-METABOLIC AXIS, MORTALITY, AND CLINICAL PLACE OF SGLT2-INHIBITORS	SPEAKER : Dr.JJ MUKHERJEE - Kolkata CHAIRS : Dr.ANAND PILLAI - Trivandrum Dr.THANKAM D - Trivandrum
11:45 AM 11:55 AM	DISCUSSION	



HALL: A DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
11:55 AM 12:10 PM	THE 2 PERSON TECHNOLOGY TALK: DIABETES 2019	SPEAKERS : Dr.JOTHYDEV KESAVADEV - Trivandrum & Ms.GOPIKA KRISHNAN - Trivandrum CHAIRS : Dr.PRATIK CHOUDHARY - UK Dr.ROY R. CHANDRAN - Alappuzha

INSULIN SYMPOSIUM

CHAIRS: ASHOK KUMAR DAS - Puducherry, Dr.SAMIT GHOSAL - Kolkata

12:10 PM 12:30 PM	IMPACT INDIA:ADDRESSING KEY COMPONENTS OF DYSGLYCEMIA IN ROUTINE CLINICAL PRACTICE	SPEAKER : Dr.A.G UNNIKRIISHNAN - Pune
12:30 PM 12:50 PM	OPTIMIZING INSULIN THERAPY THROUGH SIMPLICITY AND CONVENIENCE: ROLE OF MODERN INSULINS	SPEAKER : Dr.GARY KILOV - Australia
12:50 PM 01:10 PM	ULTRAFAST ACTING INSULINS: TOWARDS PHYSIOLOGICAL MEAL-TIME INSULIN RESPONSE	SPEAKER : Dr.JOTHYDEV KESAVADEV - Trivandrum
01:10 PM 01:30 PM	PANEL DISCUSSION	CHAIRPERSONS & SPEAKERS



LUNCH BREAK

02:30 PM 02:45 PM	ROLE OF OMEGA 3 FATTY ACIDS IN ASCVD RISK REDUCTION	SPEAKER : Dr.TEJAS SHAH - Mumbai CHAIRS : Dr.RAJALAKSHMY S - Trivandrum Dr.BALAGOPAL P.G - Kochi
02:45 PM 03:00 PM	A PASSION FOR WEIGHT LOSS: NOVEL DRUGS FOR OBESITY	SPEAKER : Dr.ARVIND GUPTA - Jaipur CHAIRS : Dr.MOHAN VARGHESE - Thiruvalla Dr.A.V RAVEENDRAN - Oman
03:00 PM 03:15 PM	EXPLORING KEY LEARNINGS FROM STENO 2 AND SCHRAMM STUDIES	SPEAKER : Dr.HARSH PAREKH - Mumbai CHAIRS : Dr.THOMAS PAUL - Angamaly Dr.ARUN SHANKAR - Trivandrum
03:15 PM 03:30 PM	TBD	SPEAKER : Dr.SAMIT GHOSAL - Kolkatta CHAIRS : Dr.AJAYAKUMAR S - Adimali Dr.JAYAKRISHNAN B - Tirur
03:30 PM 03:45 PM	DISCUSSION	
03:45 PM 04:00 PM	INSULIN PUMPS AND ARTIFICIAL PANCREAS: WHAT SHOULD THE INDIAN PHYSICIAN KNOW?	SPEAKER : Dr.PRATIK CHAUDHARY - U.K CHAIRS : Dr.ANAND PILLAI - Trivandrum Dr.BALAKRISHNAN VALLIYOT - Kannur
04:00 PM 04:15 PM	DIAGNOSING MODY IN CLINICAL PRACTICE- HOW USEFUL IS IT?	SPEAKER : Dr.ANJANA RANJIT MOHAN - Chennai CHAIRS : Dr.ELIZABETH K.E - Trivandrum Dr.ASHWIN DAVID ASHOK - Trivandrum



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HALL: A DAY 1
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REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
04:15 PM 04:25 PM	DISCUSSION	
04:30 PM 05:20 PM	INAUGURATION	
05:20 PM 05:45 PM	DIABETESINDIA PRESIDENTIAL ORATION: DIABETIC NEUROPATHY: IS IT ANOTHER PIECE OF PUZZLE?	SPEAKER : Dr.SHAUKAT M. SADIKOT - Mumbai CHAIRS : Dr.HOSSAM ARAFA GHAZI - Egypt Dr.NISHA NIGIL - Canada
05:45 PM 06:00 PM	THE TABLE TOP DIAGNOSTICS IN DIABETES- REASONS TO ADOPT THIS	SPEAKER : Dr.MANOJ S. CHAWLA - Mumbai CHAIRS : Dr.SUNIL PRASOBH - Trivandrum Dr.MATHEW THOMAS - Trivandrum
06:00 PM 06:15 PM	CAN BIOMARKERS IN BLOOD, URINE AND GENES PREDICT EARLY DIABETIC KIDNEY DISEASE?	SPEAKER : Dr.GEORGI ABRAHAM - Chennai CHAIRS : Dr.CHACKO VARGHESE - Trivandrum Dr.GEETHA M. NAIR - Trivandrum
06:15 PM 06:30 PM	CKD-A GROWING CONCERN AMONGST T2DM PATIENTS AND THE NEED FOR EARLY INTENSIVE TREATMENT	SPEAKER : Dr.RAJIV KOVIL - Mumbai CHAIRS : Dr.PRAVEEN MURALIDHARAN - Trivandrum Dr.RADHIKA C.R - Trivandrum
06:30 PM 06:45 PM	DISCUSSION	

GLIPTIN SYMPOSIUM

06:45 PM 07:05 PM	ALIGNING THERAPEUTIC OPTIONS WITH MANAGEMENT GOALS IN ELDERLY PATIENTS. UNRAVELING THE NUANCES OF DECISION MAKING	SPEAKER : Dr.JJ MUKHERJEE - Kolkata
07:05 PM 07:25 PM	PRIORITIZING THERAPEUTIC GOALS TO IMPROVE RESPONSE IN AT-RISK PATIENTS	SPEAKER : Dr.BINAYAK SINHA - Kolkata
07:25 PM 07:45 PM	HOW DO WE COPE WITH THE EXPECTATIONS OF YOUNG PATIENTS? HOW CAN A CLINICIAN ACHIEVE BALANCE WITH CONTROL?	SPEAKER : Dr.SAMIT GHOSAL - Kolkata
07:45 PM 08:00 PM	MODERATOR: RAJIV KOVIL - Mumbai PANEL DISCUSSION: WHY WOULD DPP4 INHIBITORS BECOME THE MAIN-STAY OF T2D MANAGEMENT IN INDIA?	PANELISTS : Dr.MANOJ S. CHAWLA - Mumbai Dr.BINAYAK SINHA - Kolkata Dr.SAMIT GHOSAL - Kolkata Dr.J J MUKHERJEE - Kolkata

08:00 PM
08:30 PM **DIABETES FASHION SHOW: LAUNCHING A NEW CONCEPT**



HALL: B DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
PANEL DISCUSSION: CHALLENGES TREATING DIABETES IN CHILDREN & ADOLESCENTS		
CHAIRS: Dr.SURESH KUMAR - Trivandrum, Dr.SHIJI P.V - Calicut		
09:00 AM 10:15 AM	NEONATAL DIABETES	SPEAKER : Dr.PARVATHY L - Kochi
	HOW TO PLAN TRANSITION FROM PEDIATRIC TO ADULT DIABETES CARE?	SPEAKER : Dr.ELIZABETH K.E - Trivandrum
	TEENS WITH DIABETES- PREVENTING POOR PSYCHOSOCIAL OUTCOMES	SPEAKER : Dr.RIAZ I - Trivandrum
	ME AND MY TYPE 1 DIABETES 😊	SPEAKER : Ms.JAZZ SETHI - Ahmedabad
	TYPE 1B DIABETES: WHAT IS NEW?	SPEAKER : Dr.PRASANTH SANKAR - Pathanamthitta
	THE ISPAD GUIDELINES: TAKE-HOME POINTS	SPEAKER : Dr.DHRUVI HASNANI - Ahmedabad
	PANEL DISCUSSION	

JPEF AIAARO SYMPOSIUM (FIGHTING OBESITY)

CHAIRS: Dr.JAYALEKSHMI R KURUP - Kochi, Dt.GEETHU SANAL - Trivandrum, Dr.ELIZABETH K.E - Trivandrum

10:15 AM 11:45 AM	CAN PHYSICAL ACTIVITY COMBAT OBESITY?	SPEAKER : Dt.RUBY SOUND - Mumbai
	OBSTRUCTIVE SLEEP APNOEA: WHY YOU SHOULDN'T MISS IT?	SPEAKER : Dr.BANSHI SABOO - Ahmedabad
	SOCIO-ECONOMIC IMPACT OF OVERWEIGHT AND OBESITY IN INDIA	SPEAKER : Dr.BENNY P.V - Trivandrum
	APPROVED DRUGS FOR WEIGHT MANAGEMENT	SPEAKER : Dr.ARVIND GUPTA - Jaipur
	MYTHS ASSOCIATED WITH WEIGHT LOSS REGIMENS	SPEAKER : Dr.DHARINI KRISHNAN - Chennai
	METABOLICALLY HEALTHY OBESITY: WHY IS IT DIFFERENT?	SPEAKER : Dr.HARIKRISHNAN R - Trivandrum
	MEDICAL NUTRITION THERAPY GUIDELINES AND COMMON MYTHS IN DIET	SPEAKER : Dt.SHERYL SALIS- Mumbai
DISCUSSION		

THE QUESTION HOUR

11:45 AM 01:30 PM	IS VITAMIN D A HORMONE?	SPEAKER : Dr.K.HARI - Kochi CHAIR : Dr.UNNIKRISHNAN KARTHA - Alleppey
	ARE NIGHT OWLS AT RISK OF DIABETES?	SPEAKER : Dr.SUNIL PRASOBH P - Trivandrum CHAIR : Dr.SEENAJ CHANDRAN - Kochi
	INPATIENT HYPERGLYCEMIA: HOW TO DEAL?	SPEAKER : Dr. SHIJI P.V - Calicut CHAIR : Dr.S.PARAMESWARI - Kochi
	RESISTANT HYPERGLYCEMIA: A PRACTICAL APPROACH	SPEAKER : Dr.A.V RAVEENDRAN - Oman CHAIR : Dr.JAYALEKSHMI R KURUP - Kochi

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HALL: B DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
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THE QUESTION HOUR

11:45 AM 01:30 PM	HOW INTENSE CAN BE YOUR WORKOUT SESSION IN DIABETES?	SPEAKER : Dr.ROY R CHANDRAN - Alappuzha CHAIR : Dr.JAYANTA PANDA - Cuttack
	ARE ALL STATINS THE SAME?	SPEAKER : Dr.ANAND PILLAI - Trivandrum CHAIR : Dr.SANTHOSH KOSHY - U.S.A
	DISCUSSION	



LUNCH BREAK

TECHNOLOGY WORKSHOP

CHAIRS: Dr.ARUN SHANKAR - Trivandrum, Dr.GARY KILOV - Australia, Dr.HOSSAM ARAFA GHAZI - Egypt, Dr.DEVIN PRABHAKAR - Trivandrum

02:30 PM 04:30 AM	HOW TO INTERPRET CONTINUOUS GLUCOSE MONITORING?	SPEAKER : Dr.PRATIK CHOUDHARY - U.K
	DIGITAL DIABETES CARE: NOW AND THE FUTURE	SPEAKER : Dr.JAYAPRAKASH SAI J - Hyderabad
	INTEGRATED PERSONALISED DIABETES MANAGEMENT(IPDM)	SPEAKER : Dr.JOTHYDEV KESAVADEV - Trivandrum
	DECONVOLUTING BIG DATA WHAT IS IMPORTANT TO ACHIEVE BLOOD SUGAR TARGET?	SPEAKER : Dr.ROHIT WARRIER - Kochi
	ARTIFICIAL INTELLIGENCE IN DETECTING RETINOPATHY	SPEAKER : Dr.BHARGAV SOSALE - Singapore
	THE NEW GENERATION GLUCOSE METERS- PHONE APP AND WEB APP	SPEAKER : Dr.JOTHYDEV KESAVADEV - Trivandrum
	AMBULATORY BLOOD PRESSURE MONITORING	SPEAKER : Dr.SANTHOSH K.R - Trivandrum
	DEMONSTRATION OF NEW GEN GLUCOSE SENSORS AND GLUCOSE METERS	SPEAKERS : Dr.ASHWIN DAVID ASHOK - Trivandrum Dr.ROHIT WARRIER - Kochi Ms.AKHILA L. A - Trivandrum
INDICATIONS AND DEMONSTRATION OF INSULIN PUMP	SPEAKER : Dr.VINAY MUKHEKAR - Mumbai	

04:30 PM
05:20 PM **INAUGURATION IN HALL: A**

05:30 PM 05:45 PM	RENAL DIET IN DIABETES	SPEAKER : Dt.SHERYL SALIS - Mumbai CHAIR : Dt.GEETHU SANAL - Trivandrum
05:45 PM 06:00 PM	PRESCRIPTION ERRORS IN DIABETES: IT IS TIME TO DISCUSS	SPEAKER : Dr.PURVI CHAWLA - Mumbai CHAIR : Dr.HOSSAM ARAFA GHAZI - Egypt



HALL: B DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
06:00 PM 06:15 PM	PRECISION MEDICINE IN DIABETES	SPEAKER : Dr.NISHA NIGIL - Canada CHAIR : Dr.ROHIT WARRIER - Kochi
06:15 PM 06:30 PM	DO YOU VACCINATE YOUR PATIENTS WITH DIABETES?	SPEAKER : Dr.JAYANT PANDA - Cuttack CHAIR : Dr.SUNIL PRASOBH P - Trivandrum
06:30 PM 06:40 PM	DISCUSSION	
06:40 PM 07:00 PM	EARLY OPTIMIZATION OF CARDIO-METABOLIC OUTCOMES IN T2DM: LESSONS POST EMPA-REG OUTCOME	SPEAKER : Dr.ANEESH GHOSH - Trivandrum CHAIR : Dr.BENNY P.V - Trivandrum

HALL: C DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
DIABETES COMPLICATIONS PANEL		
CHAIRS: Dr.BALAKRISHNAN VALLIYOT - Kannur, Dr.K.HARI - Kochi		
10:00 AM 11:15 AM	I AM NOT PROTEINURIC; WHY DO YOU STILL CALL ME DIABETIC NEPHROPATHY?	SPEAKER : Dr.RADHIKA C.R - Trivandrum
	OPTICAL COHERENCE TOMOGRAPHY(OCT) IN ASSESSING DIABETIC EYE DISEASE	SPEAKER : Dr.DEVIN PRABHAKAR - Trivandrum
	USE OF POTENTIALLY ADDICTIVE THERAPIES IN PAINFUL DIABETIC NEUROPATHY	SPEAKER : Dr.TITTU OOMMEN - Trivandrum
	SKINCARE IN DIABETIC DERMOPATHY	SPEAKER : Dr.JAYAKUMARI C - Trivandrum
	ERECTILE DYSFUNCTION IS A CORRECTIBLE DYSFUNCTION	SPEAKER : Dr.DEEPAK K JUMANI - Mumbai
	PANEL DISCUSSION	

HOTCHPOTCH

11:15 AM 12:15 PM	CLINICAL RESEARCH: ARE WE MOTIVATED?	SPEAKER : Dr.ROHIT WARRIER - Kochi CHAIR : Dr.SABEER A RASHEED - Trivandrum
	HOME DIALYSIS IN DIABETIC KIDNEY DISEASE	SPEAKER : Dr.PRAVEEN MURALIDHARAN - Trivandrum CHAIR : Dr. GEORGI ABRAHAM - Chennai
	FACTORS TRIGGERING RAPID PROGRESSION OF DIABETIC KIDNEY DISEASE	SPEAKER : Dr.GEETHA M NAIR - Cuttack CHAIR : Dr. JAYAKUMARI C - Trivandrum
	MANAGEMENT OF FEBRILE ILLNESS IN A DIABETES PATIENT	SPEAKER : Dr.RAJALAKSHMY A - Trivandrum CHAIR : Dr.JAYAKRISHNAN B - Tirur
	HYPERTENSION IN DIABETES: REVIEW OF GUIDELINES	SPEAKER : Dr.BALAKRISHNAN VALLIYOT - Kannur CHAIR : Dr.TEJAS SHAH - Mumbai
	DISCUSSION	



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HALL: C DAY 1
10th AUGUST-SATURDAY

REGISTRATION: 07:30 AM ONWARDS

TIME	TOPIC	SPEAKER - CHAIR
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PANEL DISCUSSION: IS SCREENING FOR THESE LAB TESTS WORTH IT?

CHAIRS: Dr.ANITHA NAMBIAR - Kochi, Dr.JOSE UKKEN - Thrissur, Dr.N.K THULASIDHARAN - Calicut

12:15 PM 01:30 PM	C-PEPTIDE	SPEAKER : Dr.RIAZI - Trivandrum
	TUMOUR MARKERS	SPEAKER : Dr.BALAGOPAL P.G - Kochi
	TESTOSTERONE, PROLACTIN	SPEAKER : Dr.THUSHANTH THOMAS - Trivandrum
	LP(a)	SPEAKER : Dr.SANTHOSH K.R - Trivandrum
	PANEL DISCUSSION	



FOOT WORKSHOP

CHAIRS: Dr.ASHOK KUMAR DAS - Puducherry, Dr.HARDIK CHANDARANA - Ahmedabad

02:30 PM 03:30 PM	PRACTICAL TIPS FOR PREVENTION OF DIABETIC FOOT	SPEAKER : Dt.SHERYL SALIS - Mumbai
	IDENTIFIED A HIGH RISK FOOT: WHAT NEXT?	SPEAKER : Dr.JOHNNY KANNAMPILLY - Kochi
	REVASCULARIZATION OF DIABETIC FOOT	SPEAKER : Dr.R.C SREEKUMAR - Trivandrum
	SUPPORTIVE MEASURES AND MANAGEMENT OF DIABETIC FOOT	SPEAKER : Dr.AJITH KUMAR S - Trivandrum

BEHAVIORAL DIABETES

CHAIRS: Dr.RAJALAKSHMY S - Trivandrum, Dr.MOHAN VARGHESE - Thiruvalla

03:30 PM 04:30 PM	WHAT AND HOW YOU SPEAK MATTERS IN DIABETES	SPEAKER : Dr.DHRUVI HASNANI - Ahmedabad
	YOUTH WITH TYPE 2 DIABETES- OVERCOMING DIABETES DISTRESS	SPEAKER : Ms.SUNITHA JOTHYDEV - Trivandrum
	LIVING WITH GADGETS: SETTING THE MIND	SPEAKER : Ms.JAZZ SETHI - Ahmedabad
	HOW TO COUNSEL PARENTS OF CHILDREN DIAGNOSED WITH DIABETES?	SPEAKER : Ms.GOPIKA KRISHNAN - Trivandrum

04:30 PM
05:20 PM **INAUGURATION IN HALL: A**

05:30 PM 08:30 PM	AGP TRAINING SESSION	SPEAKERS : Dr.PRATIK CHAUDHARY - U.K Dr.ROHIT WARRIER - Kochi
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HALL: A DAY 2
11th AUGUST-SUNDAY

TIME	TOPIC	SPEAKER - CHAIR
08:30 AM 08:50 AM	NOVEL MOLECULAR TARGETS AND THERAPEUTICS FOR AUTOIMMUNE DIABETES	SPEAKER : Dr.PARAMESWARAN RAMAKRISHNAN - U.S.A CHAIRS : Dr.JAYAKUMARI C - Trivandrum Dr.RAJMOHAN L - Trivandrum
08:50 AM 09:10 AM	RSSDI PRESIDENTIAL ORATION	SPEAKER : Dr.RAJEEV CHAWLA - New Delhi CHAIRS : Dr.SUMESH RAJ - Trivandrum Dr.VIJAYAKUMAR G - Pandalam
09:00 AM 09:10 AM	DISCUSSION	
09:10 AM 09:25 AM	JOURNEY OF HYPERTENSIVE DIABETIC PATIENT	SPEAKER : Dr.HARSHAL EKATPURE - Pune CHAIRS : Dr.SREEKUMAR R.C - Trivandrum Dr.UNNIKRISHNAN KARTHA - Alappuzha
09:25 AM 09:40 AM	GLYCAEMIA CONTROL AND CARDIOVASCULAR OUTCOMES WITH DPP-4I + SGLT-2I FDC: TWIN ASPECTS OF ANTIDIABETIC LEGACY	SPEAKER : Dr.ANOOP MISRA - New Delhi CHAIRS : Dr.MATHEW JACOB - Kottarakara Dr.SUNIL PRASOBH P - Trivandrum
09:40 AM 09:50 AM	DISCUSSION	
09:50 AM 10:10 AM	UNMASKING HEART FAILURE IN LONG STANDING DIABETIC POPULATION	SPEAKER : Dr.B.M MAKKAR - New Delhi CHAIRS : Dr.LEGHA - Alappuzha Dr.MADHUSUDANAN S - Trivandrum
10:10 AM 10:30 AM	THE RISKS ENCOUNTERED IN MANAGING T2DM IN ELDERLY PATIENTS	SPEAKER : Dr.A.G UNNIKRISHNAN - Pune CHAIRS : Dr.SAMAR BANERJEE - Kolkata Dr.SYAM SUNDER O. S - Trivandrum
10:30 AM 10:40 AM	DISCUSSION	
10:40 AM 11:10 AM	SCOPE OF INSULINS IN DIABETIC KIDNEY DISEASE	SPEAKER : Dr.B.M MAKKAR - New Delhi CHAIRS : Dr.SHALINI JAGGI - New Delhi Dr.ANITHA NAMBIAR - Kochi Dr.BEENA UNNIKRISHNAN - Trivandrum
11:10 AM 11:20 AM	DISCUSSION	

CLINICAL PRACTICE INSIGHTS FOR INDIAN T2DM

11:25 AM 11:45 AM	CREDENCE TRIAL	SPEAKER : Dr.ANOOP MISRA - New Delhi CHAIRS : Dr.AMRITHLAL P - Kollam Dr.RADHAKRISHNAN A.P - Palakkad
11:45 AM 12:05 PM	CAROLINA TRIAL	SPEAKER: Dr.ASHOK KUMAR DAS - Puducherry CHAIRS : Dr.JAYALEKSHMY KURUP - Kochi Dr.THUSHANTH THOMAS - Trivandrum
12:05 PM 12:15 PM	DISCUSSION	

HALL: A DAY 2
11th AUGUST-SUNDAY

TIME	TOPIC	SPEAKER - CHAIR
SYMPOSIUM: BASAL EARLY STRATEGIES FOR MAXIMUM A1C REDUCTION(BE-SMART)		
12:15 PM 12:35 PM	PATIENT CENTERED APPROACH FOR BASAL INSULIN INITIATION & INTENSIFICATION IN INDIA	SPEAKER : Dr.KALYAN KUMAR GANGOPADHAY - Kolkata CHAIRS : Dr.SHIJI P.V - Calicut Dr.AJITH KUMAR P.V - Trivandrum
12:35 PM 12:55 PM	TACKLING THE UNHOLY TRINITY OF PPG,HIGH A1C AND GV WITH BASAL INSULIN	SPEAKER : Dr.BINAYAK SINHA - Kolkata CHAIRS : Dr. AJITH KUMAR S - Trivandrum Dr.N.K THULASIDHARAN - Calicut
12:55 PM 01:15 PM	DISSECTING CLINICAL IMPORTANCE OF TITRATION & ROLE OF SECOND GENERATION BASAL INSULINS	SPEAKER : Dr.PRATIK CHAUDHARY - U.K CHAIRS : Dr.K.HARI - Kochi Dr.SUMESH RAJ - Trivandrum
01:15 PM 01:25 PM	DISCUSSION	
01:25 PM 01:45 PM	EARLY OR LATE-SGLT2 AN IDEAL CHOICE	SPEAKER : Dr.JAYASHREE GOPAL - Chennai CHAIRS : Dr.MADHU N - Paravoor Dr.JOHNNY KANNAMPILLY - Kochi



LUNCH BREAK

02:30 PM 02:45 PM	DIABETES IN PREGNANCY: CHALLENGES WITH PREGNANCY AND DELIVERY	SPEAKER : Dr.ANUPAMA RAMACHANDRAN - Trivandrum CHAIRS : Dr.K BALACHANDRAN - Trivandrum Dr.ARUN SHANKAR - Trivandrum
02:45 PM 03:00 PM	TBD	SPEAKER : Dr.S.R ARAVIND - Bangalore CHAIRS : Dr.AJITH KUMAR S - Trivandrum Dr.ROHIT WARRIER - Kochi
03:00 PM 03:15 PM	NAFLD-LIVER, THE NEXT TARGET IN DIABETES	SPEAKER : Dr.P.K JABBAR - Trivandrum CHAIRS : Dr.THANKAM D - Trivandrum Dr.BENNY P.V - Trivandrum
03:15 PM 03:30 PM	DISCUSSION	
03:30 PM 03:45 PM	ROLE OF PROBIOTICS IN PREVENTING GDM	SPEAKER : Dr.JOHNNY KANNAMPILLY - Kochi CHAIRS : Dr.SABEER A RASHEED - Trivandrum Dr.JOSE UKKEN - Thrissur
03:45 PM 04:00 PM	GUT MICROBIOTA AND DIABETES: ARE WE CLOSING THE GAP IN PATHOGENESIS?	SPEAKER : Dr.A.V RAVEENDRAN -Oman CHAIRS : Dr.R.C SREEKUMAR - Trivandrum Dr.DEVIN PRABHAKAR - Trivandrum

HALL: A DAY 2

11th AUGUST-SUNDAY

TIME	TOPIC	SPEAKER - CHAIR
04:00 PM 04:15 PM	SGLT2 INHIBITORS: FROM NEUTRALITY TO BENEFIT	SPEAKER : Dr.HOSSAM ARAFA GHAZI - Egypt CHAIRS : Dr.VASUDEVAN POTTY - Trivandrum Dr.ASHWIN DAVID ASHOK - Trivandrum
04:15 PM 04:30 PM	DISCUSSION	
04:30 PM 05:00 PM	SELECTED ORAL ABSTRACT PRESENTATIONS	
05:00 PM	VOTE OF THANKS	

HALL: B DAY 2

11th AUGUST-SUNDAY

TIME	TOPIC	SPEAKER - CHAIR
09:00 AM 09:15 AM	PREVENTING KIDNEY DISEASE PROGRESSION IN DIABETES-ROLE OF KETOANALOGUE	SPEAKER : Dr.PRAVEEN NAMBOODIRI - Kollam CHAIR : Dr.RADHIKA C.R - Trivandrum
09:15 AM 09:30 AM	GESTATIONAL DIABETES: ARE WE GOING IN THE RIGHT DIRECTION?	SPEAKER : Dr.SAMAR BANERJEE - Kolkata CHAIR : Dr.MADHUSUDANAN S - Trivandrum
09:30 AM 09:45 AM	MANAGEMENT OF DIABETES IN HEMODIALYSIS PATIENTS	SPEAKER : Dr.BEENA UNNIKRISHNAN - Trivandrum CHAIR : Dr.LEGHA - Alappuzha
09:45 AM 10:00 AM	SHOULD PREGNANT WOMEN WITH GDM BE INDUCED BY 38 WEEKS?	SPEAKER : Dr.ANITHA NAMBIAR - Kochi CHAIR : Dr.A.V RAVEENDRAN - Oman
10:00 AM 10:15 AM	THYROID DYSFUNCTION IN PATIENTS WITH DIABETES: TIPS TO CLINICIANS	SPEAKER : Dr.ANEESH GHOSH - Trivandrum CHAIR : Dr.MADHU N - Paravor
10:15 AM 10:30 AM	DISCUSSION	

IMPACT INDIA INSULIN WORKSHOP

CHAIRS: Dr.GARY KILOV - Australia, Dr.ROHIT WARRIER - Kochi

	SETTING THE SCENE: PHYSIOLOGY & METABOLISM OF INSULINS, HISTORY, MILESTONES AND PROFILES	SPEAKER : Dr.P.K JABBAR - Trivandrum
	INSULIN IS PATIENT FRIENDLY: DEMYSTIFYING OLD MYTHS	SPEAKER : Dr.JAYAPRAKASH - Kochi
10:30 AM 12:00 PM	STARTING INSULIN IN A PATIENT WITH T2D: CASE BASED DISCUSSION	SPEAKER : Dr.AJISH T P - Kollam
	CONTINUED INSULIN CARE: MONITORING TREATMENT TO SUIT PATIENT NEEDS	SPEAKER : Dr.VIVEK MATHEW - Kochi
	SUCCESSFUL INSULIN TREATMENT: EMPOWERING PATIENTS FOR DAY-TO-DAY INSULIN USE	SPEAKER : Dr.JOTHYDEV KESAVADEV - Trivandrum
	PANEL DISCUSSION	



International Diabetes Federation
Centre of Education and Excellence
in Diabetes Care

HALL: B DAY 2
11th AUGUST-SUNDAY

TIME	TOPIC	SPEAKER - CHAIR
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NUTRITION SYMPOSIUM

CHAIR: Dt.ANNIE AJAI - Kochi, Dr.ARUN SHANKAR - Trivandrum

12:00 PM 01:00 PM	INTERMITTENT FASTING IN DIABETES- DOES EVIDENCE BACK IT?	SPEAKER : Dt.GEETHU SANAL - Trivandrum
	A ROADMAP TO THE REVOLUTIONARY FODMAP DIET	SPEAKER : Dt.RUBY SOUND - Mumbai
	FAD DIETS IN DIABETES: EXPERT OPINION	SPEAKER : Dr.DHARINI KRISHNAN - Chennai
	DISCUSSION	
01:00 PM 01:30 PM	EARLY TREATMENT INTENSIFICATION: PERSONALIZING THE THERAPY WITH THE RIGHT COMBINATION	SPEAKER : Dr.SHALINI JAGGI - New Delhi CHAIRS : Dr.SAMAR BANERJEE - Kolkata Dr.K BALACHANDRAN - Trivandrum



LUNCH BREAK



HALL: C DAY 2
11th AUGUST-SUNDAY

TIME	TOPIC	SPEAKER - CHAIR
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DIABETES EDUCATOR WORKSHOP

CHAIR: Dr.THOMAS PAUL - Angamaly, Dr.ROHIT WARRIER - Kochi

10:00 AM 11:00 AM	INSULIN INJECTIONS - HOW TO PRIME YOUR PATIENT?	SPEAKER : Ms.AKHILA L.A - Trivandrum
	TOO MANY MEDICINES - HOW TO CONVINC?	SPEAKER : Dr.ARUN SHANKAR - Trivandrum
	CLINICALLY SIGNIFICANT DRUG INTERACTIONS IN DIABETES	SPEAKER : Ms.JISHA SHAMEER - Trivandrum
	CARB COUNTING IN INSULIN PUMP	SPEAKER : Dt.GEETHU SANAL - Trivandrum
	FIXED DRUG COMBINATIONS IN DIABETES: PROS AND CONS	SPEAKER : Dr.BHAVIK SURESH - Trivandrum
	DISCUSSION	

MEDLEY

11:00 AM 11:15 AM	HOW TO PLAN FOR PREGNANCY IN DIABETES?	SPEAKER : Dr.SAJNA A S - Trivandrum CHAIR : Dr.AJAYAKUMAR - Adimali
11:15 AM 11:30 AM	RAMADAN FASTING - HOW TO PLAN MEDICATIONS IN DIABETES	SPEAKER : Dr.SABEER A RASHEED - Trivandrum CHAIR : Dr.PRASANNA KUMAR T - Kochi
11:30 AM 11:45 AM	ORAL PROBLEMS IN DIABETES PATIENTS: A DENTIST'S DILEMMA	SPEAKER : Dr.MANIKANDAN G.R - Trivandrum CHAIR : Dr.SANDEEP R - Trivandrum
11:45 AM 12:00 AM	PRIMARY CV RISK PREVENTION-AN 'ASPIRIN' DILEMMA	SPEAKER : Dr.PRASANTH SANKAR - Pathanamthitta CHAIR : Dr.THOMAS TITUS - Trivandrum
	DISCUSSION	

12:00 PM 12:30 PM	MODERATORS: Dr.VASUDEVAN POTTY - Trivandrum Dr.SUNIL PRASOBH P - Trivandrum	PANELISTS: Dr.ASHOK KUMAR DAS - Puducherry Dr.SHUKAT M.SADIKOT - Mumbai Dr.SAMAR BANERJEE - Kolkata Dr.JOTHYDEV KESAVADEV - Trivandrum Dr.C.JAYAKUMAR - Trivandrum Dr.BENNY P.V - Trivandrum
	PANEL DISCUSSION: HEALTHCARE DELIVERY MODEL IN INDIA: HOW RELEVANT IS IT FOR DIABETES CARE?	

RAGBAG

CHAIRS: Dr.AMRITHLAL - Kollam, Dr.SOJAN SCARIA - Kottayam, Dr.DEEPAK JUMANI - Mumbai

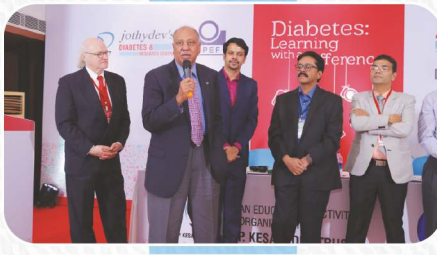
12:30 PM 01:30 PM	CELIAC DISEASE	SPEAKER : Dr.JAYAPRAKASH P - Kochi
	HYPONATREMIA	SPEAKER : Dr. RAJMOHAN L - Trivandrum
	LADA	SPEAKER : Dr.VIVEK MATHEW - Kochi
	HEART FAILURE IN DIABETES	SPEAKER : Dr.ASHOK KUMAR DAS - Puducherry
	DISCUSSION	



2018



2017



2016



2015



2014



2013



DATES TO REMEMBER

JOTHYDEV'S PROFESSIONAL EDUCATION FORUM 7th ANNUAL GLOBAL DIABETES CONVENTION



**JULY
1**
LAST DATE OF SUBMISSION
FOR P. KESAVADEV
JPEF AWARD FOR YOUNG
RESEARCHER



**JULY
1**
ABSTRACT
SUBMISSION ENDS



**JULY
10**
EARLY BIRD
REGISTRATION OFFER ENDS



**JULY
30**
HOTEL
ACCOMMODATION
REGISTRATION ENDS

7th ANNUAL GLOBAL DIABETES CONVENTION

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